

helping individuals
strengthening families
building community



99 years



2014 Annual Report

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MISSION STATEMENT

To foster the healthy development and well being of individuals and families while strengthening our diverse community.

STATEMENT OF INCLUSIVENESS

East Side Neighborhood Services, Inc. affirms the right of every person to participate in employment without regard to race, color, religion, sex, national origin, age, sexual orientation, disability, disabled veterans, or Vietnam era veteran status, marital status, with regard to public assistance or membership/activity in a local human rights commission, and in accordance with all applicable laws, directives, and regulations of the federal and local governing bodies.

LIVING STATEMENT ON RESPECT

Dignity

Every human being has inherent worth and deserves to be treated respectfully.

Value Differences

Value the uniqueness of each person without bias.

Personal Responsibility

We are responsible for our actions toward others and for informing others, or taking appropriate action, when our dignity has been violated.

Board Chair and President's Report



Steve Dunphy
Board Chair

We are proud to have now completed our 99th year of service to the neighborhoods of the East Side of Minneapolis and surrounding communities. We take great pride in the achievements of our Staff, Board, Friends and Donors! Together we have had a significant impact in assisting our neighbors one individual and family at a time. During 2014 East Side served 7,762 individuals through our core programs.

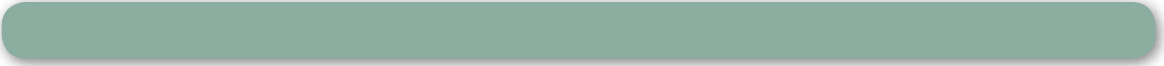
As we look back on the year of 2014 we had many successes in moving the organization forward, planning for the future and solving ongoing issues. Through Board participation we restructured administration with the addition of a Chief Operating Officer and Chief Performance Officer. These two positions increase our ability to supervise programs, create new opportunities, set higher goals and document our performance. All are vital to providing quality services. This was achieved through consolidation of some positions with limited additional expense.

In our service to the community we were able to support our seniors with a grant from United Way for a Food Resource and Referral Advocate. The Minnesota Family Investment Program contract was renewed. We served over 300 kids at Camp Bovey, more campers than ever before due to refocusing the program content and through the support of Minneapolis Public Schools (MPS). We received a positive review and a new two year contract with MPS for Menlo Park Academy for the school years '14-'16. The Opus Foundation supported additional Youth Out-of-School-Time programming in our sites in Southeast Minneapolis.



Bill Laden
President

We hosted events for both the Alliance for Strong Families and Communities, as well as, a group of Hennepin County Commissioners and our state Congressional Representatives on the importance of maintaining our Senior Community Service Employment Program. To support our Northeast Child Development Center (NECDC) and Friendship Center, new videos were produced and posted on our website. They can be viewed at www.esns.org. As the education gap grows in our community we have created a committee of educators to evaluate and help to assure services we offer in those areas are high quality and keep up with the evolving fields of Early Childhood Education, Contract Alternative High Schools, Youth Out-of-School-Time programming and Youth Employment.



In the area of facilities and infrastructure we were able to become a satellite location for Hennepin County Social Service Offices. Our Mobile Food Shelf program expanded during the year to 36 low income apartment buildings. Through the knowledge and labor of the United Union of Roofers, Waterproofers & Allied Workers Local Union No. 96, the old leaky roof at our Mobile Food Shelf building was replaced. Also, Center Point Energy donated and replaced the HVAC systems in that building, the Pohlad Family Foundation funded a new compressor for the food refrigeration units, Custom Refrigeration donated the installation of the compressor, and Open Your Heart Foundation funded a new door for the refrigeration unit.

When our computerized Building Management system (HVAC) failed in the summer at the main agency office, a major grant from Graco Corporation and technical support from Opus Corporation allowed us to solve the problem before winter set in.

A new 50 by 16 foot deck was replaced in front of the dining hall at Camp Bovey by the Holewa work crew and LaMere Concrete & Construction with materials donated by Siwek Lumber & Millwork Inc. A 25 foot tall TiPi was added to Camp Bovey for our outdoor and cultural education program donated in memory of Paul and Fran Guzie. Five tricycles for NECDC were donated by the Minneapolis City of the Lakes Rotary. Lighting inside and outside of our building was converted to LEDs both for security and energy efficiency standpoints.

As we head toward our 100th Anniversary, we appreciate the great support and partnerships that have made the past year so successful in our service to the community. Thank you for bringing us to this milestone and for all that you have helped us to accomplish!

Northeast Child Development Center



Northeast Child Development Center (NECDC) offers quality early childhood education in preparation for kindergarten, and full day care for children between the ages of 6 weeks and 5 years. Our goal is to provide early childhood education and child care to families from all income levels in a developmentally appropriate, multicultural, and literacy rich environment.

The program ensures children are healthy and meet developmental milestones to be ready for kindergarten; supporting families in their efforts to provide the environment and relationships that promote positive development.



Accomplishments

NECDC was successfully awarded accreditation from the National Association for the Education of Young children for another 5 years (2019).

The program was remodeled to expand our infant program. We are now licensed to serve 16 infants.

89.5% of enrolled children achieved proficiency in communication, problem solving, gross and fine motor skills, and personal social development.

89% of enrolled families were engaged in their child's development and reported they felt supported by their child's teacher.

100% of enrolled families attended 1 or more parent/teacher conferences

The MACC Early Childhood Affinity group was awarded a grant from Cargill to develop a nutrition program. Healthy Eating and Healthy Minds was developed with a curriculum to support teaching 2-5 year old children how to make healthy food choices.



Partnerships and Collaborations

Breck School
Health Dimension Resources for Speech
Hennepin County Purchase of Service
Hennepin County Well Child and Teen Program
MACC Early Childhood Affinity Group
Minneapolis Early Childhood Special
Education Preschool Program
Minnehaha Academy
Minnesota Visiting Nurses Association
Occupational and Physical Therapy on site services
St. Gerards
USDA



Youth Employment Program

The Youth Employment Program assists youth to develop work readiness and crucial life skills through individual and small group training and support. Youth participants engage in goal setting, employability and vocational skill training, and high quality work experiences that prepare them to be successful adults. Youth receive ongoing support from a consistent, trained adult to address challenges that create barriers to being successful in school and employment.

Youth ages 14-18 set goals to improve basic academic, work readiness, and occupational skills with their case manager. Their work focuses on improving attendance and performance to successfully complete high school, gaining new interview skills, creating resumes, completing job applications, and participating in paid internships to build upon their skills.

Young adults ages 19-21 set goals to obtain and maintain quality employment and to enter post-secondary training in their area of career interest. They work together with their case manager to explore long-term career options and develop a plan to get there. Participants have opportunities to attend job fairs, get certified with industry recognized credentials in high-demand careers, and do college visits. Support services are available to provide transportation, work/interview clothes, and supplies as they transition into the professional world.



Accomplishments

13 youth completed fall internships – 4 were offered permanent employment at their sites!

11 participants completed a 4-week work readiness class through a partnership with the MACC Alliance.

18 youth served overall in 2014 found unsubsidized employment.

Partnerships & Collaborations

Aramark
City of Minneapolis/Minneapolis Employment and Training
ESNS Adult Employment Training Program
EverFi Financial Literacy Program
Hennepin County Libraries
MACC

Menlo Park Academy
Minneapolis Community Education
Minneapolis Parks and Recreation
Minneapolis Public Schools
Northeast Bank
STEP-UP Explore Program
T.J. Maxx

Camp Bovey

Camp Bovey celebrated a successful 65th summer for campers ages 8-14 and junior staff ages 15-18. The mission is to provide a safe place for youth to have fun while they participate in outdoor activities that help build respect for themselves, one another, and the environment. We not only enhance an appreciation of natural resources with hands-on environmental education and youth leadership, but heighten community pride, stewardship, and involvement. Camp Bovey is situated on 200 acres of prairie, forest, wetland and woodlots, providing a perfect setting for camp forest projects that will educate inner city youth for generations to come.

The Camp Bovey experience is unique, providing a family-like atmosphere, intentional pro-social skill development such as responsibility, leadership, and cooperation. Activities include swimming, canoeing, team-building, environmental education, archery, outdoor living skills, fishing, and exploring nature. These intentional learning activities are designed to promote independence, confidence, friendship building, resilience, healthy risk-taking, character building, connection with nature, increased physical activity, and reduced summer learning loss. Our experienced, trained, and caring staff ensures that the time spent at Camp Bovey is meaningful, fun, safe, and builds on each youth's strengths. This one or two-week experience is affordable for all youth who want to attend camp. We have a sliding fee scale to provide scholarships, ensuring all youth have the opportunity to experience camp.



Accomplishments

2014 was a great summer at Camp Bovey. Enrollment was up 57% from the previous year. Many youth had their first experience at an outdoor camp. In 2014 Camp Bovey launched two weeks of specialty Art Camps, providing campers with an opportunity to work alongside professional artists focusing on visual and performing arts. With the support of the Guzie Memorial fund, we were also able to build a 25 foot TiPi and a new team-building course to enhance programming.

Partnerships & Collaborations

Allina Health System
American Camp Association
Arcana Lodge
Camp Nebagamom Scholarship Fund
Columbia Heights Fire Department & Cadets
Exchange Club of East Minneapolis
Gordon Good Neighbor Days
Gordon Fire Department
Gordon Police
Gordon Wascott/Ambulance Service
Greater Twin Cities United Way
LaMere Concrete
Lions Club of Northeast Minneapolis
Minneapolis Community Education
Minneapolis Public Schools
New Brighton Police and Reserves
Northeast Kiwanis Club
Northeast Minneapolis Arts Association (NEMAA)
Pohlad Foundation
Ramsey County Parks
Ramsey County Water Patrol
Second Harvest Northern Lakes Food Bank
Siwek Lumber
Union Bank & Trust
U.S. Food Service
USDA
Excel Energy

Out-of-School-Time Youth Programs

ESNS's Out-of-School-Time (OST) Youth programs create a bridge between school, family, and community. Our intentional, evidence-based learning environment focuses on creating a safe space and a sense of belonging, maximizing the learning opportunity during OST hours. Current research shows that consistent attendance in high quality after school programs can close the achievement gap for youth by 5th grade (Pierce, K.M., Auger, A. and Vandell, D.L, 2013). Youth who attend high-quality programming also show significant gains in self-perception, school attendance, and positive social behaviors (Durlak, Weissberg, and Pachan, 2010. American Journal of Community Psychology).

To achieve those outcomes, we focus on academic enrichment and social/emotional development. We provide literacy support, small group academic instruction using a multi-sensory and hands-on approach, opportunities for community engagement, leadership development, work-

readiness skills, outdoor learning, relationship building and parent engagement to meet each participant's individual learning needs. Programs balance creative play, physical activity, art education, healthy snacks, conflict resolution and exposure to healthy risks to provide a holistic experience for young people.

OST Youth programming is offered year-round at seven different locations including five school-based and two community-based programs. Our dedicated staff consists of 12 full-time and 12 part-time staff as well as over 50 interns and volunteers from St. Kate's, St. Thomas, MCTC, Adler School, the University of Minnesota, etc.

In partnership with Minneapolis Public Schools Extended Learning and the MN Department of Education, ESNS youth programs help youth achieve academic success through a team approach that brings together school-day teachers, parents and ESNS youth development staff.



Accomplishments

- Of 420 youth served, 74% attended at least 30 times.
- Provided 9,087 nutritious snacks and meals.
- Summer Jobs Program – 13 youth worked 25 hrs/week for 8 weeks.
- Menlo completed their Mosaic Project, now hanging in the school's entryway.
- Community Outings/Field Trips: Colossal at Mixed Blood Theatre, This Side Of the Blue Puppet Opera, Sky Zone, U of M Astronomy Department Observatory, Walker Art Center.
- Started a new program at Venture Academy.
- Established Edison's first GSA group giving GLBTQ and allied youth a safe space to be, while learning and spreading awareness.
- Our East African Girls Group (EAGG) formed as the first space in Edison high school to give school ownership to those women and meet their unique needs and interests. We also brought the first East African female staff to the building to help serve as a model for our young women.

Results of our Survey of Afterschool Youth Outcomes-Youth (SAYO-Y) in the spring of 2014 showed the following responses from youth reflecting the effectiveness of our holistic approach:

- 92% of youth feel they have a lot of good friends at program.
- 85% of youth feel they learn new things at program.
- 92% of youth feel there is an adult at program who they will listen to and respect.
- 96% of youth responded that coming to program has helped them find out what they are good at doing and what they like to do.

Partnerships & Collaborations

Adler Grad School's Art Therapy Program
Afro-Brazilian Capoeira Association
America Reads Mentors
Arts in Action
Beacons
Big Brothers Big Sisters
Boys and Girls Club of the Twin Cities
City of Minneapolis
Dan Abdon (music lessons)
Denise Tennen (community artist)
Eastside Food Coop
Edison High School
GEMS and GISE
Heritage Academy School
MCTC Internship Program
Menlo Park Academy
Minneapolis Community Education
Minneapolis Parks and Recreation

Minneapolis Public Housing
Minneapolis Public Libraries
Minneapolis Public Schools
Minnesota Department of Education
NE/SE Youth Providers
Northeast Bank/EverFi
Pratt Community School
Proyecto Semilla/Greta McClain
Second Harvest Heartland
Southpoint Community Acupuncture
St. Catherine/St. Thomas Internship Program
Target
University of Minnesota Service Learning
University of Minnesota Work Study Program
Venture Academy
YMCA – Y Mentors Program
Youth Coordinating Board

Menlo Park Academy

A contract alternative program of the Minneapolis Public Schools, Menlo Park Academy serves students in 9th-12th grade whose needs are not being met in the traditional school setting. Through small class sizes and a supportive staff, 75 students earn the full range of credits needed for a Minneapolis High School diploma. Menlo Park Academy creates a setting where students feel safe to learn and grow, and where educational needs are met through a wide variety of materials and strategies matched to individual learners. Learning becomes a priority when social and emotional needs are being met.



Accomplishments

- 18 seniors graduated.
- 5 scholarships were awarded: 2 from the Northeast Minneapolis Lions Foundation and 3 from the Kopp Family Foundation.



Partnerships & Collaborations

Achieve! Minneapolis
Foster Grandparents Program
Minneapolis Public Schools
The Metropolitan Federation of Alternative Schools
The Sheridan Story



Employment

The Employment & Training Department aims to administer employment and training efforts based on industry specific standards and trends providing individual job counseling and vocational training programs. We work with employers to meet their greatest need: a skilled and trained workforce. We provide career development and training opportunities to clients of various employment backgrounds and skills sets, and help prepare them for the workforce.

Our programs include contracts with the Minnesota Family Investment Program (MFIP), Minneapolis Employment & Training (MET), and the Department of Employment & Economic Development (DEED).

Specific training programs we offer included: Forklift/Bobcat® - industry recognized certification to operate sit-down and stand-up forklifts. The curriculum is developed in accordance to OSHA safety regulations.

Intro to Health & Human Services, offering credentials in Child Development Associate (CDA), Certified Nursing Assistant (CNA), and Direct Support Provider (DSP)

Leadership in Hospitality, preparing individuals for entry-level management careers in hotels, quick-service and full-service restaurants, catering, and food service vendors. Participants gain credentials in Servsafe® and a certification in foundations of leaderships.

Services Offered:

- Career Counseling and Job Search Assistance
- Individual Career Development/Employment Plan
- Career Assessments
- Job Lab Access
- Job Placement, Retention Services, and Follow-up
- Referrals to Support Services
- Financial Literacy

Accomplishments

- Provided credentialed vocational training to 130 participants.
- 98 participants placed in employment.
- 81 participants, unemployed upon enrollment, found employment.
- 28 participants were placed in “high wage” jobs, earning \$12-22/hour.
- 75% of the Employment Program participants received financial literacy training.
- 62 implemented a spending/savings plan.



Partnerships & Collaborations

Augustana Health Care
Best Care Home Health
Department of Employment and Economic Development
Dependable Home Health Care
DSP Match
Ebenezer
EmergeWORKS
Fraser
Hennepin County
Herc-U-Lift
In Home Personal Care
Metropolitan Center for Independent Living
Minneapolis Community and Technical College
Minneapolis Public Schools Adult Education
Normandale Community College
Right at Home
United Way
US Foods
VILLA
YMCA

Family & Community

The Family and Community Department consists of the Family Violence Program (FVP) and crisis support for families. FVP has been offering services since the men's programming began in 1985 and the present Educational Series format was established in 1989. Current programming assists both male and female participants in developing assertive communication, non-violent behaviors, and conflict resolution skills that can be used in their home, work place, and in the community. The continuum of services assists participants to develop positive family relationships, work through life challenges, and become contributing members of the community.

FVP works mainly with court ordered participants in an outcome-based 18-week psycho-educational series. Program participants are primarily men and women who have perpetrated domestic violence and have anger management issues.

FVP also provides crisis funding for its participants who encounter unforeseeable life events that have exhausted their resources. Crisis funding ranges from \$50-\$500. Crisis Intervention Services are also provided to help meet basic needs and support their household stability. Participants receive food, household and hygiene items, clothing, bus tokens, school supplies, and gifts from the holiday toy store.



Accomplishments

- FVP operated 50 program weeks, providing 362 meetings for men and 62 for women.
- 601 clients were served through 25,878 interventions (referrals, crisis intervention, supportive listening).
- 377 or 79% of our group participants demonstrated improvements in: attitude and participation, accepting responsibility, and implementation of new skills.
- 52 former group participants mentored a total of 390 group sessions.
- FVP had 167 program completers, 248 no shows, and 220 terminations.
- One year follow up: of the 167 group participants who completed the FVP Educational Series in 2013, 98% did not re-offend after one year.
- 91 interns and volunteers contributed over 11,664 hours of service, equivalent to 5.6 full-time employees.
- FVP staff trained interns from 9 different colleges and universities.
- FVP distributed \$15,000 in crisis funding to 35 clients, through a grant from Elijah's Cup Crisis Fund from the Beverly Foundation.
- 465 individuals received Crisis Intervention Services which provides basic need goods such as food, household and hygiene items, bus tokens, and school supplies.
- 20 school backpacks were distributed to clients in the FVP and other ESNS programs.
- The Holiday Toy Store program served 144 households with gifts for 454 children.

Partnerships & Collaborations

Alfred Adler Institute
Alpha Human Services
American Indian OIC
Bethel University-Social Work Program
Beverly Foundation: Elijah's Cup Crisis Funding
Calvary Lutheran Church
Concordia College-Moorhead-Social Work Program
Legal Aid Society of Minnesota
Metro State University Social Work Program
Minneapolis Community Technical College Human Services Program
Minnesota Board of Social Work
National Association of Social Workers
North Point
People Who Work With People Who Batter Programs
Senior Community Service Employment Project
St. Catherine University Bachelors of Social Work-BSW & Masters of Social Work-MSW Programs
St. Cloud State University Social Work Program
St. Mary's Greek Orthodox Church
St. Olaf College Social Work Program
Summit Academy Community Health Worker Program
Target
The Caring Tree/Kids In Need
The Food Group (formerly Emergency Food Shelf Network)
Twin Cities RISE!
United Way First Call For Help 211
University of Minnesota Moorhead School of Social Work Program
University of Minnesota School of Human Services & Social Work Program
University of St. Thomas Social Work Program
Wright, Hennepin, Ramsey, Scott, Anoka, Dakota, Isanti & Washington Probation Offices
Wright, Hennepin, Ramsey, Scott, Anoka, Dakota, Isanti & Washington Child Protection Offices



Cycle of Violence



Metro Food Programs

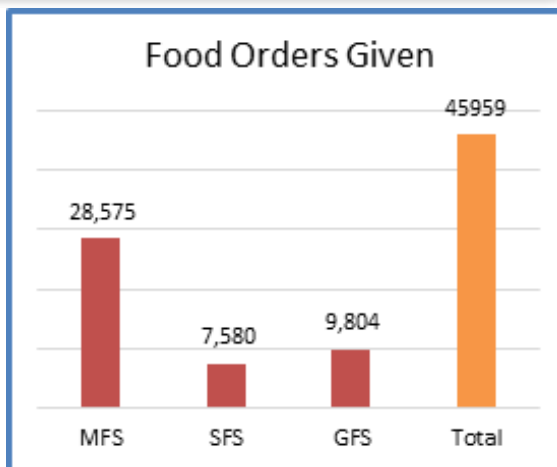
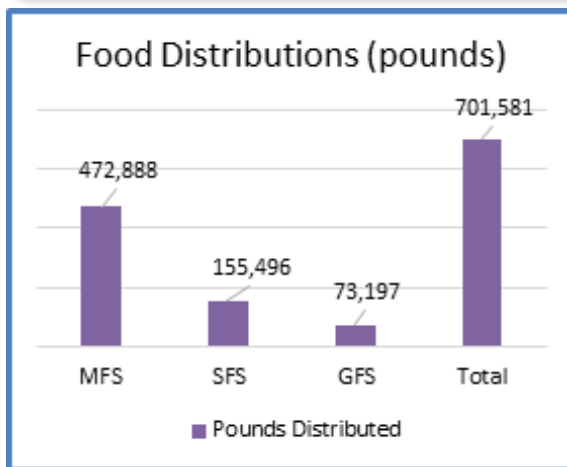
Each of our three food shelf programs assist people who because of age, disability or language may face barriers accessing other food programs. We work in partnership with Minneapolis Public Housing Authority (MPHA) or other subsidized housing agencies who host our food shelves in their buildings. Each food shelf uses the “choice” model and provides a 4-6 day supply of food every month for each person in the household. Households are eligible if their income is under 200% of the poverty line. We focus on providing fresh fruits and vegetables, dairy, meat, other staple items, and culturally specific food items. We also provide information and referrals to food programs like SNAP, other ESNS programs, and community resources.

The Senior Food Shelf (SFS) is dedicated to serving adults 55 and older who live throughout Hennepin County. We are hosted by MPHA at the Parker Skyview High Rise in NE Minneapolis. 2014 was the 30th year of operating the Senior Food Shelf and it continues to help meet the food needs of this growing population.

The High Rise Mobile Food Shelf (MFS) delivers a food shelf twice a month to 36 subsidized senior and disabled designated housing buildings located throughout Hennepin County. Only residents of the building are eligible to receive services. At each location a team of residents volunteer to set up the food shelf and organize each distribution under the guidance of ESNS staff.

Glendale Food Shelf (GFS) serves the residents of Glendale Town Homes in Southeast Minneapolis and managed by MPHA. Glendale is a diverse community of families with the majority being immigrants from East Africa and Southeast Asia. Our staff members and volunteers are multi-lingual and help bridge most language barriers.

Accomplishments



4,930 individuals received food assistance at least one time in 2014. The number of food orders given increased by 10% and pounds of food distributed increased by 11% over 2013. Over 20% of food given out was fresh fruits and vegetables.

Partnerships & Collaborations

Food donors/suppliers:

Big Lots – Brooklyn Center
Bix Produce
Caribou Coffee – Washington Ave SE
Cub Foods – The Quarry
Eastside Food Co-op
Growing Hope Farm
Rainbow Foods – The Quarry
Red Lobster – Blaine
Sam's Club – Fridley
Second Harvest Heartland
Target - The Quarry
Target Express – Dinkytown
The Food Group
Whole Foods – Calhoun
Whole Foods – Edina

High Rise Partners:

1900 3rd Street
Arbor Lakes Commons
Basset Creek Commons
Ebenezer Park
Ebenezer Tower Apartments
Edendale Residence
Hamilton Manor
Holland Highrise
Holmes Greenway
Holmes Park Village
Labor Retreat Apartments
Lilac Parkway

Loring Tower
Lowry Towers
Menorah Plaza
Monroe Village
North Oaks/St. Olaf
Park Elder Center
Penelope 35 I
Penelope 35 II
Richfield Towers
Robbins Landing
Robbins Way
Seward Tower East
Seward Tower West
Shingle Creek Commons
Sibley Triangle
South Haven
Spring Manor
St. Anne's Apartments
The Atrium
The Crest at Shingle Creek
The Riverside
Trinity Apartments
Winnetka West
Yorktown Continental

Collaborations:

MPHA / Glendale Townhomes
MPHA / Parker Skyview
Portico Healthnet
UCare



Senior Opportunity Center

A collection of experiences that support “aging well” includes annual events, speaker/education series, Elder Law Clinics, AARP Tax Assistance, volunteer experiences, exercise groups, and blood pressure monitoring. Programs include: Senior Appreciation Valentine Luncheon, Senior Dining (Volunteers of America), Matter of Balance: A Fall Prevention Program, Tai Ji Quan: Moving for Better Balance, Wellness Expo: Boomers & Beyond, and Ready-Steady (U of M Research Study Pilot).



Partnerships & Collaborations

AARP Tax Assistance Program
Ameripride
Church of St Francis Cabrini
Exchange Club of East Minneapolis
Foster, Brever, PLLC
Ignatian Volunteer Corps
Katherine & Jim Lee
Metropolitan Area Agency on Aging
Neighborhood Health Source
PREPARE + PROSPER
Target NE
Union Bank & Trust
Washburn-McReavy Funeral Chapels



Accomplishments

- 4,222 older adults accessed ESNS Services in 2014.
- 2014 Wellness Expo: Boomers & Beyond featured Certified Diabetes Educator Lunch & Learn session in addition to a plethora of resources.
- More than 200 seniors joined us for our annual Senior Appreciation Valentine Luncheon.
- VOA Senior Dining site hosted by ESNS served 12,213 hot week day lunches.
- University of MN Clinical Transactional Science Institute (KL2 Scholars Program) piloted Ready-Steady serving 50 older adults, mean age of 78. Researchers continue to collect and evaluate data. Preliminary results show program was well attended, participants increased their walking, and practiced leg strengthening activities known to reduce fall risk. Final results will be available later this year.
- AARP Tax Assistance Program assisted 371 seniors in filing Federal & State returns.
- 577 families were assisted in filing 1,317 Federal & State returns which generated refunds of \$1,236,201 through tax preparation support of PREPARE + PROSPER.

Senior Community Service Employment Program

Senior Community Service Employment Program (SCSEP) provides job training to low-income older adults 55 years of age and older (residing in Hennepin County) through subsidized wage positions in local public and non-profit organizations delivering a wide range of services to children, youth, and adults. Employment through SCSEP provides personal skill development and paid on-the-job training at community based nonprofits allowing older adults to hone their skills while earning a wage as they search for unsubsidized employment.



Accomplishments

- Increased participation by 25% in 2014 serving 258 qualified older adults.
- 47% over the age of 65; 11% over the age 75.
- 79% minority.
- 45 moved on to unsubsidized employment.
- 61 community-based non-profits throughout Hennepin County served as host sites.
- The Impact of the Older Americans Act in Your Community: 2014 Elders & Work Forum.

Partnerships & Collaborations

Department of Rehabilitation
Edina Senior Center
Emerge
ESNS' Adult Employment
Good Will Easter Seals
Hennepin County Workforce Centers
HIRED
Hispanic Tiempo
Ignatian Volunteer Corps
Opportunity Partners
Personal Transportation, Inc. (PTI)
Senior Community Services
Senior Service America, Inc. Title V, Older Am. Act
Workforce Benchmarking Network



Friendship Center Adult Day Program

The Friendship Center Adult Day Program is licensed by the Department of Human Services. Friendship Center Adult Day engages body, mind, and spirit in health enhancement activities and wellness services to maximize independence. Friendship Center's program enriches one's current life experience, fosters friendships/community engagement, and supports the development of problem solving skills for an ongoing sense of well-being. Adult Day targets vulnerable/at risk elders and provides respite for caregivers.

Friendship Center is a place where a sense of community is reborn, where new friends are made, and where engaging with dignity brings older adults together. Special events and supported activity enables participation in community such as therapeutic swimming at Courage Center and Climb Theater's improvisation workshops. Transportation to and from the center, noon meal, and healthy snacks compliment music, creative arts, spirited discussions, storytelling, back yard gardening, and adapted exercises that support fall prevention. Intergenerational projects create opportunities for young people (pre-school to high school) to interact with the seniors.



Accomplishments

- 12 sessions with KAIROS Alive! Dancing Heart Program, integrated movement, poetry and dance culminating in a Community Dance Party.
- Professionals from Climb Theater taught group members to use improv skills to tell their story.
- Alzheimers Poetry Project.
- 13,194 hours of programmed services.
- Holiday celebrations, community meals, special events, annual open house, monthly outings, Tai Ji Quan & Matter of Balance classes all provided a wide variety of engagement opportunities.



Partnerships & Collaborations

Bethel University
Courage Center
Gifts for Seniors
Green Jeans Media, LLC
Group Work Camp-Week of Hope
Home Instead
Ignation Volunteer Corps
KAIROS Alive!
Menlo Park Academy
Metropolitan Area Agency on Aging
Minnehaha Academy
Minnesota States Arts Board
MN Adult Day Services Association
St. Catherine/St. Thomas University
St. John's Lutheran Church
UCare

Wheelchair Accessible Senior Transportation Services

The purpose of Wheelchair Accessible Senior Transportation Services is to provide special transportation services to area seniors to support aging in place.

ESNS' Senior Transportations' lift-equipped vehicles enabled older adults to access medical appointments, shopping, senior dining, social/cultural events and volunteer commitments on a weekday schedule. Providing older adults with mobility support helps them remain active, make connections and attend community events like the Senior Health & Wellness Expo and the Senior Appreciation Valentine Luncheon.

ESNS Senior Transportation also manages East Side's three 15 passenger Club vans supporting our Youth/Employment programs.



Accomplishments

We had an accident free year driving 29,556 miles, while serving 410 clients by delivering 23,048 one-way rides. Our application for a new lift-equipped vehicle has been granted with delivery expected late 2015.



Partnerships & Collaborations

Catholic Elder Care
Hennepin County
Inland Commercial Properties
Minneapolis Public Housing Authority
Minnesota Department of Transportation
St. Anthony Health Care
The Kenzington
Title III- MAAA
YMCA at Heritage Park



Events

Fundraising events provide opportunities for ESNS to make connections with members of the community and serve as key sources of support for our programs. We are proud of the connections and commitments of our friends and neighbors who actively participate in our major fundraising events throughout the year. We thank the participants who have supported us during 2014.

Twin Cities Snowshoe Shuffle and Canines for Camp Dog Walk were held February 1 at Long Lake Regional Park. Over 200 participants were registered for the race and walk. After the race, participants, their loved ones, and volunteers enjoyed a chili lunch, awards, and silent auction at our agency. Approximate raised: \$12,000 for Camp Bovey.

Senior Valentine Luncheon was held February 13. 280 seniors attended the event. 65 volunteers assisted, including groups from Northeast Bank, Union Bank and Trust, Washburn McReavy and Menlo Park High School.

18th Annual East Side Wine Tasting was held on May 8. Approximately 460 attendees. 48 Volunteers. Net Revenue: \$18,500.

The **Golf Tournament** was July 17 at Columbia Golf Course, followed by a patio party at Sarnas Grill. Seven volunteers assisted. Net Revenue \$8,500.

Northeast Big River Brew Fest was held on Saturday, October 18th at our agency. Over 1000 attendees tasted beer from 38 vendors and enjoyed food from Sentryz, NE Bulldog and Lloyds BBQ. Net Revenue: \$18,000.

The **Holiday Train** was held, December 10 at Shoreham Yards. Over 2000 community members attended to support the food shelves of ESNS! Over 75 volunteers helped to collect over 4,000 pounds of food, doubling the amount of food previously recorded from this event. Canadian Pacific Railroad presented a check for \$15,000.

Adopt a Family 2014 participants: 166 households including 494 children, received holiday gifts and certificates from 16 donor groups and individuals.

Accomplishments

A group of students from Breck High School spent 3 hours weekly volunteering at both the Friendship Center and Northeast Early Childhood Development Center from September through May donating over 270 hours of their time.

12 students from Minnehaha Academy served a week of service in early March donating 288 hours of time.



Volunteers

Volunteers breathe life into our fundraising events and programs. With our large array of programs and events, we are able to find a job for anyone who wants to volunteer. Whether it is rocking babies in daycare or cooking food for our events or repairing buildings at Camp Bovey, we have a place for their skills. We are grateful for the individuals, business groups and organizations who devoted their time in 2014 to help us continue to support the NE Minneapolis community.

748 Volunteers devoted 22,832 hours of time to the programs and events of ESNS

The Volunteer Program additionally worked with Hennepin County, Anoka County, Ramsey County, H.I.R.E.D, RISE, Tree Trust, Minneapolis Public Housing and local high schools to place individuals that are in need of serving community service hours.

Accomplishments

- Twin Cities Snowshoe Shuffle
200 participants, 28 volunteers
- Senior Valentine Luncheon
280 participants, 65 volunteers
- 18th Annual East Side Wine Tasting
460 participants, 48 volunteers
- Mill City Golf Tournament
52 participants, 7 volunteers
- Nordeast Big River Brew Fest
1000 individuals and 56 volunteers
- Holiday Train
75 volunteers, \$20,000 raised for Food Programs

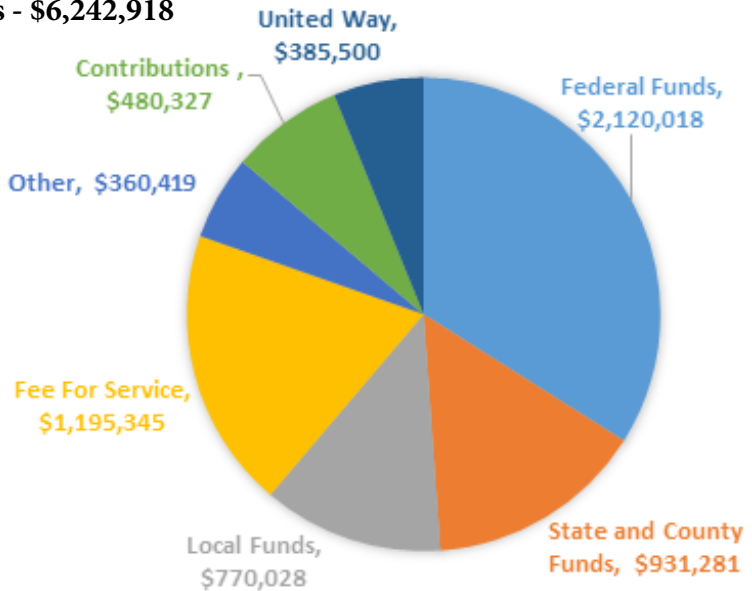
Events & Volunteers Partnerships & Collaborations

2 Gingers	Honeywell NE	RSP Architects
Antioch Community Church	Kozlak Radulovich Funeral Chapels	Russell Reynolds
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Arcana Lodge # 187	McKinley Group	Sentryz
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Church of St Gerard	Minnehaha Academy	St. Paul's Lutheran Church
City of Lakes Rotary	Mount Carmel Lutheran Church	Stanley's Northeast Bar Room
Dangerous Man Brewing	New Brighton/Mounds View Rotary	Surdyks
De LaSalle High School	Northeast Bank	Trinity United Methodist Church
Exchange Club of East Minneapolis	Northeast Kiwanis Club	Trustone Financial
Fair State Brewing	Northeast Minneapolis Chamber of Commerce	UCare
Faith United Methodist Church	Northeast Minneapolis Lions Club	Union Bank and Trust
Federal Reserve Bank of Minneapolis	Northeast Royalty	United Health Group
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Holy Cross		Xcel Energy Women in Nuclear

Financials

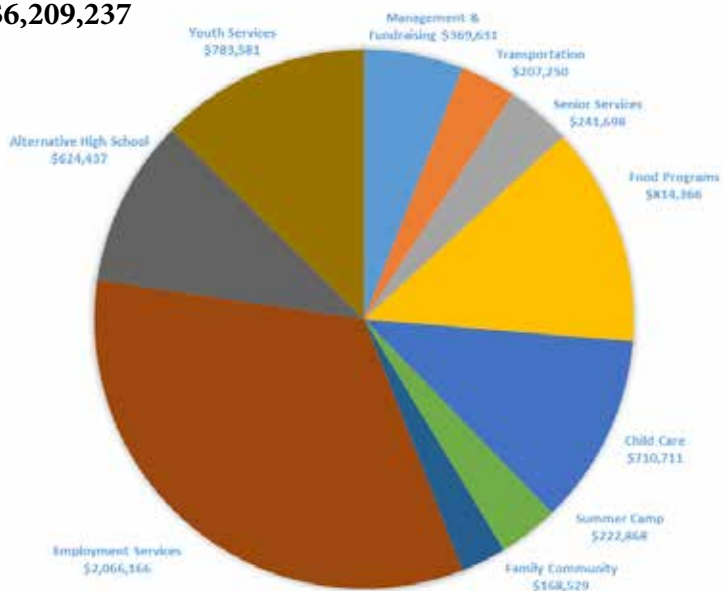
2014 Revenue Sources - \$6,242,918

- Federal Funds
\$2,120,018
- State and County
\$931,281
- Local Funds
\$770,028
- Fee For Service
\$1,195,345
- Other
\$360,419
- Contributions
\$480,327
- United Way
\$385,500



2014 Program Expenses - \$6,209,237

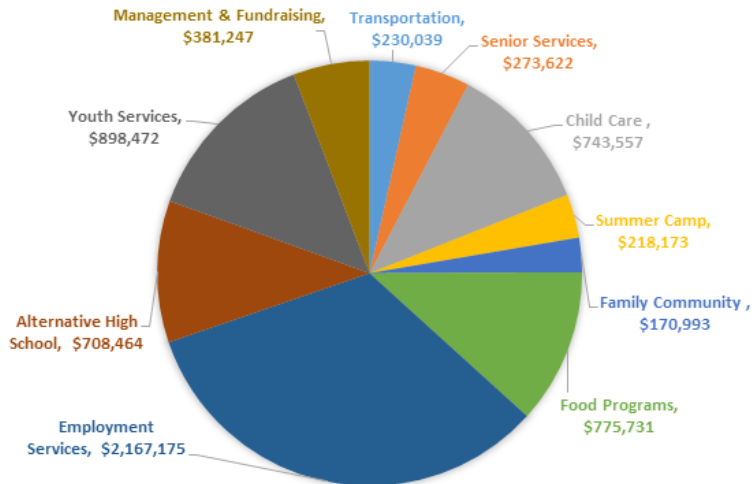
- Management & Fundraising
\$369,631
- Transportation
\$207,250
- Senior Services
\$241,698
- Food Programs
\$814,366
- Child Care
\$710,711
- Summer Camp
\$222,868
- Family Community
\$168,529
- Employment Services
\$2,066,166
- Alternative High School
\$624,437
- Youth Services
\$783,581



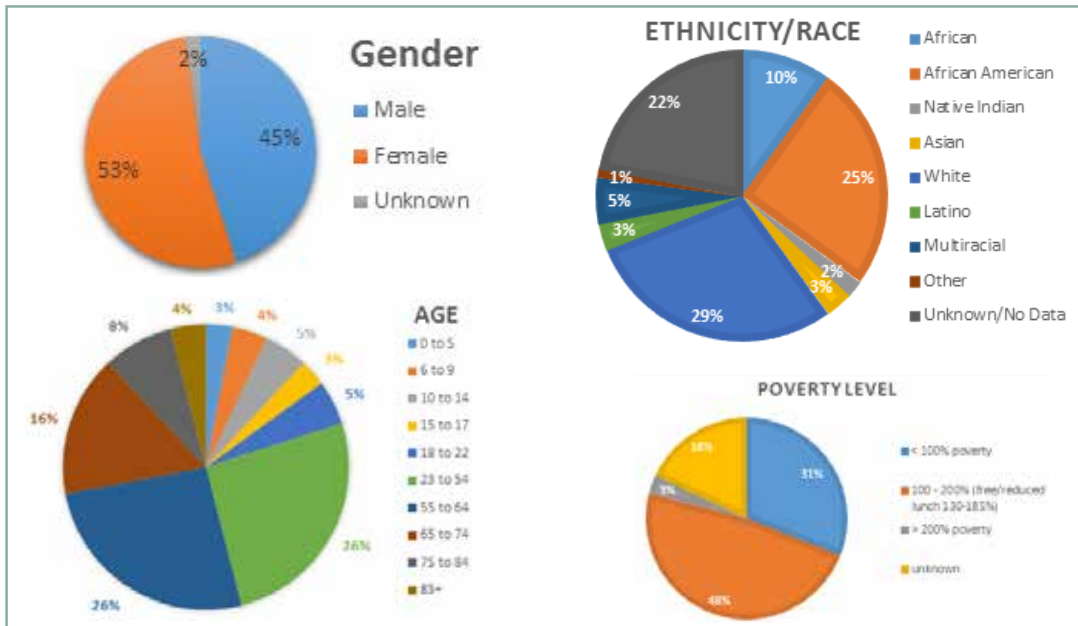
Financials

2015 Program Expenses - \$6,567,473

Transportation
 \$230,039
 Senior Services
 \$273,622
 Child Care
 \$743,557
 Summer Camp
 \$218,173
 Family Community
 \$170,993
 Food Programs
 \$775,731
 Employment Services
 \$2,167,175
 Alternative High School
 \$708,464
 Youth Services
 \$898,472
 Management & Fundraising
 \$381,247



Core Programs: 7762 Unduplicated Persons Served



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Helping individuals, strengthening families, building community.



East Side Neighborhood Services - Main Building

- Administration • Northeast Child Development Center • Youth Development Programs
- Senior Community Service Employment Project • Menlo Park Academy
- Employment Network • Family & Community Services • Senior Programs

Camp Bovey

Located in the Northwoods of Wisconsin
612-787-4030

Friendship Center Adult Day Program

1717 Second Street NE, 55413
612-781-2052

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1801 Central Avenue NE, 55418
612-788-9521

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