



EAST SIDE NEIGHBORHOOD SERVICES

2013 ANNUAL REPORT



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ESNS Mission Statement

To foster the healthy development and well being of individuals and families while strengthening our diverse community.

Statement Of Inclusiveness

East Side Neighborhood Services, Inc. affirms the right of every person to participate in employment without regard to race, color, religion, sex, national origin, age, sexual orientation, disability, disabled veterans or Vietnam era veteran status, marital status, public assistance or membership/activity in a local human rights commission, and in accordance with all applicable laws, directives, and regulations of the federal and local governing bodies.

Living Statement On Respect

Dignity -

Every human being has inherent worth and deserves to be treated respectfully.

Value Differences -

Value the uniqueness of each person without bias.

Personal Responsibility -

We are responsible for our actions toward others and for others, informing or taking appropriate action, when our dignity has been violated.



President & Board Chair's Report

In completing our 98th year of service to our clients from the neighborhood and greater metropolitan area, we are making significant strides in achieving positive outcomes for those whom we are here to serve. At the same time we are working at maintaining a strong community and creating new opportunities for our residents. Following our work with the Management Assistance Project (MAP) the Board's focus this year were in the areas of Basic Needs-Food; Northeast Child Development Center-School Readiness; and the East Side Thrift Store.

In 2013 after taking over a local Food Bank, we found that its roof had severe leaks, a number of systems were not in acceptable condition, it was not previously a participating member with the major food shelves, (i.e. Emergency Food Shelf Network, Second Harvest Heartland, or Hunger Solutions), and that it needed significant reorganization. Through critical focus, community partners, and hard work, we were able to reorganize, meet membership requirements to join the other programs, repair many of the problems and complete the asset purchase agreement to preserve this needed community service. We thank all those who carried the program in the past and currently all who have supported us in this effort.

We continue to work on the challenges of funding for Early Childhood Education and the high cost of providing the service vs. the limited resources to enroll low-income families. The research is clear that kids who are kindergarten-ready have better outcomes in school than those that have not been prepared for school. Our Staff are highly qualified educators that are helping kids and their families to be school ready. Our challenge continues to be finding resources to support these low-income kids so they are able to participate.

The East Side Thrift Store was closed in the spring. We found that although it was helping some residents desperately in need of items, the financial drain on the organization was greater than the benefit to the community. We thank all who donated and helped support this enterprise over the ten years that East Side operated the store.

This past year was again a time when we reached out to the community for help and they responded. Our Senior Dining Room and Northeast Child Development Center received new floor covering donated by Target Corporation and a grant from Steven's Square Foundation helped with the installation; the leaking roof at our High-Rise Mobile Food Shelf building was rebuilt by Local Union No. 96 of the roofers union; we received a \$50,000 capacity-building grant from the Greater Twin Cities United Way, allowing us to add a staff person for our food program and support for implementation of the Affordable Care Act; we moved to a new web-based employee time keeping system; we have been in discussion with Hennepin County on making space available for their staff at East Side as a satellite site; we have been upgrading all agency work stations to Windows 7 and added wireless service in our building, along with new development tracking software. We added a series of new, free-to-seniors, ElderLaw Clinics monthly on Saturday mornings. Our Board also reviewed, updated, and approved new bylaws and actively led many of our annual events.

We are optimistically looking forward to 2014, and thank all of you who have helped us along the way.



Curt Holewa
Board Chair

Bill Laden
President





Early Childhood Development

Northeast Child Development Center improves children's development in multiple developmental domains, preparing children to enter kindergarten with the early literacy skills necessary for school success and engaging parents in their children's development and transition to kindergarten.

Our classrooms are designed to help children feel safe, emotionally secure, and have a sense of belonging. NECDC recognizes and celebrates parents as a child's first teachers. Our program activities and teaching strategies are challenging, yet within each child's reach. NECDC helps children acquire social competence and the skills they need to succeed as learners.

NECDC provides strategies for building positive relationships. We guide children's development offering support to challenging behaviors. Developmental assessments provide parents and teachers with a clear picture of each child's successes. Assessments also help parents and staff plan goals that will help each child master developmental milestones.

NECDC is a licensed, National Association for the Education of Young Children accredited program, a MN Parent Aware 4 star rated early education program and is one of 11 Hennepin County Strong Beginnings programs designed to support kindergarten readiness.

Accomplishments

7 out of 8 children attending kindergarten in the fall successfully achieved 99% of the developmental indicators in each of the four domain areas: social/emotional, cognitive, language/literacy and physical development.

There was a 75% increase in parents reporting positive parenting techniques that enhance school readiness skills in their children. NECDC staff incorporated a health and nutrition component into their curriculum to support healthy eating and increase exercise in early childhood programs, thus taking an active role in helping to reduce childhood obesity.

Partnerships & Collaborations

All ESNS Programs

Breck School

Health Dimension Rehabilitation

Hennepin County Purchase of Service
for Strong Beginnings

MACC

Minneapolis Public Health Department

Minneapolis Public Schools
Special Education Program

Minnehaha Academy

Minnesota Visiting Nurses Association

Rotarians University of Minnesota –
School of Pediatrics

Youth Programs



From the time the end of the day school bell rings to the time youth go to sleep are critical hours of opportunity. Out-of-School-Time hours are essential for leveling the playing field for all youth and for significant academic and social gains to develop and emerge. Reginald Clark, a prominent researcher in the field, suggests “we can accurately predict a youngster’s success or failure in school by finding out whether or not he or she typically spends approximately 20 to 35 hours a week...engaging in constructive learning activity”.

ESNS’ Out-of-School-Time (OST) programs create a bridge or “border zone” between the culture of peers, families and communities on the one hand, and the school environment on the other. Our intentional, evidence-based learning environment focuses on creating a safe space and a sense of belonging, maximizing the learning opportunity during OST hours.

Both academic and social/emotional development are key programmatic components. Literacy support, small group academic instruction using a multi-sensory and hands-on approach, opportunities for community engagement, leadership development, work-readiness skills, outdoor learning, relationship building and parent engagement are designed to meet each participant’s individual learning needs. Equally important, our curriculum balances creative play, physical activity, art education, healthy snacks, conflict resolution and exposure to new learning experiences.



Building resiliency, grit and holding all youth to high expectations in reaching their fullest potential are foundations of all programming goals. Our dedicated and professional team of 13 full-time staff and 45 part-time staff and community partners work with over 350 youth and their families year-round.

As an Extended Day Learning Center in partnerships with the Minneapolis Public Schools and local charter schools, the academic success achieved by all youth participants is the result of a team approach bringing together the day teacher, parents and OST youth staff. Academic progress is assessed, monitored, measured and celebrated in areas of reading, writing and math.



Youth programming is offered at seven different locations including five school-based and two community-based programs, including both school-year, summer and school release day programming.

Accomplishments

Our program continues to be unique and lead the way in social and emotional integrated play by having an on-site, full time Drama Therapist supporting all of our OST programs. Youth are able to safely and creatively sort through toxic stress and build coping skills at the same time, which in return allows focused learning to be devoted to other crucial areas in their life.

Data also reflects that not only are academic goals being met, and often times exceeded in each of our programs, but that youth are reporting high levels of engagement, a sense of belonging, relationships with peers and adult staff, satisfaction and interest in the youth programs with an “agree” or “strongly agree” percent of 85%. Programs are also exceeding retention goals as set by The Department of Education’s 21st Century Community Learning Center Funding. Literacy specialists within the K-5 programs also report that 90% of all participants who were below grade level upon entering the program will be at, or exceeding, grade level standards in reading by the end of the school year.

Partnerships & Collaborations

Adler Grad School’s Art Therapy Program

AchieveMPLS

America Reads Mentors

Arts In Action

Beacons

Big Brothers/Big Sisters

City of Minneapolis

Edison High School

Heritage Academy School

Junior Achievement

MCTC Internship Program

Menlo Park Academy

Metro State Internship Program

Minneapolis Community Ed

Minneapolis Parks and Recreation

Minneapolis Public Housing

Minneapolis Public Libraries

Minneapolis Public Schools

Minnesota Department of Education

MN Green

Northeast Bank/EverFi

NE Youth Providers

Pratt Community School

St. Catherine University Intern Program

Second Harvest Heartland

Southeast Human Services

Target

University of Minnesota Service Learning

YMCA – Y Mentors Program

Youth Coordinating Board

Partnerships & Collaborations

Achieve! Minneapolis

Aramark

City of Minneapolis/METP

ESNS Adult Employment
Training Program

EverFi Financial Literacy
Training Program

Hennepin County Libraries

MACC

Menlo Park Academy

Minneapolis Community Education

Minneapolis Public Schools

Minneapolis Parks and Rec

NE Bank

Sundance Family Foundation

T.J. Maxx

The WIA (Workforce Investment Act) Youth Program

at ESNS, known as the Youth Employment and Career Development Program, assists youth to develop work readiness and crucial life skills through individual and small group training and support. Youth participants engage in goal setting, employability and vocational skill training, and high quality work experiences that prepare them to be successful adults. Youth receive ongoing support from a consistent, trained adult to address challenges that create barriers to being successful in school and employment.

Youth ages 14-18 set goals to improve basic academic, work readiness and occupational skills with their case manager. Their work focuses on improving attendance and performance to successfully complete high school, gaining interview skills, creating resumes, completing job applications and participating in volunteer or paid internships to build upon their skills.

Youth ages 19-21 set goals to obtain and maintain quality employment and to enter post-secondary training in their area of career interest. They work together with their case manager to explore long-term career options and develop a plan to get there. Participants have opportunities to attend job fairs, get certified with industry recognized credentials in high-demand careers and college visits. Support services are all available to provide transportation, work/interview clothes and supplies as they transition into the professional world.

Accomplishments

- 12 youth participated in paid internships earning an average of \$1,160 and gaining valuable experience and references for their future job search
- The WIA Youth Employment Program partnered with Adult Employment Training to offer the first Young Adult Social Entrepreneurship Program through a grant from the Sundance Family Foundation
- 16 youth who exited the WIA Youth program in 2013 found full or part time unsubsidized employment during their time in the program
- 19 young job seekers attended work readiness workshops with youth from other agencies led by Aramark volunteers through a collaborative effort led by the MACC alliance
- 22 Menlo students attended a six week (30 hours) job readiness class facilitated by the WIA Youth case manager
- The ESNS WIA Youth Program earned a perfect score on an internal monitoring visit from the City of Minneapolis for the third year in a row!



Menlo Park Academy

A contract alternative program of the Minneapolis Public Schools, Menlo Park Academy serves students in 9th-12th grade whose needs are not being met in the traditional school setting. Through small class sizes and a supportive staff, 75 students earn the full range of credits needed for a Minneapolis High School diploma. Menlo Park Academy creates a setting where students feel safe to learn and grow, and where educational needs are met through a wide variety of materials and strategies matched to individual learners. Learning becomes a priority when social and emotional needs are being met.

Accomplishments

16 seniors graduated; 5 scholarships were awarded — 2 each from the Northeast Minneapolis Lions Foundation and from the Kopp Family Foundation, and one from the Lori Blomme Determination Scholarship Fund.

Camp Bovey

Camp Bovey celebrated a successful 64th summer for youth ages 8-18 with a Counselor-In-Training Program for youth 15-16 and a Junior Staff Program for youth ages 17 and 18. Camp Bovey is located in the beautiful northwoods of Wisconsin, spanning over 200 acres. Camp Bovey campers enjoy intentional learning activities designed to promote independence, confidence, friendship-building, resilience, thriving, positive risk taking, character building, connection with nature, increased physical activity and reduced summer learning loss. Activities include swimming, canoeing, team-building, environmental education, archery, outdoor living skills, fishing and exploring nature.

The Camp Bovey (American Camping Association Accredited) experience is unique, providing a family-like atmosphere, intentional pro-social skill development such as independence, friendship-making, responsibility, leadership and cooperation. Our experienced, trained and caring staff ensure that the time spent at Camp Bovey is meaningful, fun, safe and builds on each youth's strengths. This one or two-week experience is affordable for all youth who want to attend camp. We have a sliding fee scale to provide scholarships, ensuring all youth have the same opportunity to experience camp.

Looking forward to our upcoming season, Camp Bovey is proud to be designing two new themed sessions around the visual arts and performing arts. Local artists and community partners will be joining our staff team and helping us create an unforgettable, studio-like experience. New in 2014, Camp Bovey is proud to offer all of our campers the opportunity to explore and sleep in a 25 foot tipi. Campers will learn the history and cultural meaning behind a traditional tipi.

Partnerships & Collaborations

Achieve! Minneapolis

Foster Grandparents Program

Minneapolis Public Schools

The Metropolitan Federation
of Alternative Schools

The Sheridan Story

Partnerships & Collaborations

Allina Health System

American Camping Association

Arcana Lodge

Cabela's

Camp Nebagamom Scholarship Fund

Columbia Heights Fire Department
& Cadets

Exchange Club of East Minneapolis
Freeway Ford

Gordon Good Neighbor Days
and Winter Fest

Gordon Fire Department

Gordon Police

Gordon/Wascott Ambulance Service

Greater Twin Cities United Way

LaMere Concrete

Lions Club of Northeast Minneapolis

New Brighton Police and Reserves

Northeast Kiwanis Club

North East Minneapolis Arts Association
(NEMAA)

Pohlad Foundation

Ramsey County Parks

Ramsey County Water Patrol

Sam's Club

Second Harvest Northern Lakes
Food Bank

Siwek Lumber

Twin Cities Snowshoe Shuffle

Union Bank & Trust

U.S. Food Service

USDA

Xcel Energy

Family & Community

Family Violence Program/ Family Community Department

Adult participants are assisted in developing communication and conflict resolution skills that can be used in their home, workplace, and in the community. The continuum of services assists participants to develop positive family relationships, work through life challenges, and become contributing community members.

Our program offers both Men's and Women's Educational Series, an outcome-based program for a minimum of 18 weeks to teach participants the skills they need to reduce assaultive behaviors. Our relationships with many counties, as well as health, social service, and law enforcement agencies help our staff address participant needs with knowledge and compassion, using the best practices in the field.

Accomplishments

- Program included 50 weeks of programming; 396 meetings were held for men and 60 for women
- 508 group participants completed the Family Violence Program Educational Series. They were monitored for compliance for one year, and 95% of these individuals did not re-offend after one year
- Out of 508 total group participants, there were 23,139 interventions. 448 group participants demonstrated improvement in the year. 36 group participants mentored (returned after completion) a total of 217 times
- 99 interns and volunteers contributed over 14,722 hours of services, which equates to 7.2 full-time employees. We trained interns from 13 different colleges and universities
- The Family Violence Program has been offering services since the men's programming began in 1985, and the present Educational Series format was developed in 1989
- Family Violence Staff were recognized by Adler Graduate School with an award for "Excellence In Internship"

Family & Community Accomplishments

- Served 441 individuals through the Crisis Food Shelf with 2,294 interventions
- Distributed \$25,000 to 58 clients, covering 65 bills through the Elijah's Cup Crisis Fund from the Beverly Foundation
- Distributed 60 backpacks to clients in the Family Violence Program and other programs in the agency
- Helped distribute toys at the Holiday Toy Store

Partnerships & Collaborations

AIOIC
Alfred Adler Institute
Alpha Human Services
Bethel University – Social Work Program
Beverly Foundation – Elijah's Cup Crisis Funding
Brescia University
Brooklyn Park Police Department
Brooklyn Center Police Department
Calvary Lutheran Church
Concordia College – Moorhead Social Work Program
Emergency Food Shelf Network
Hennepin County Departments of Corrections, Child Protection & Adult Protection
Lions Club of Northeast Minneapolis
MACC Commonwealth
Metro State University – Social Work Program
Minneapolis Community Technical College – Human Services Program
National Association of Social Workers
North Point
People Who Work With People Who Batter Programs
Probation Offices of Anoka, Dakota, Hennepin, Ramsey, Scott, Washington & Wright Counties
Project Peace
Sentryz Supermarket
Shaws Bar & Grill – Menagerie Rugby Club
St. Catherine University – Bachelors of Social Work & Masters of Social Work Programs
St. Cloud State University – Social Work Program
St. Mary's Greek Orthodox Church
St. Olaf College – Social Work Program
Summit Academy – Community Health Worker Program
Target
The Caring Tree
Twin Cities Rise!
United Way First Call For Help 211
University of Minnesota – School of Human Services & Social Work Program
University of St. Thomas – Social Work Program
Walden University
Waite Park Wesleyan Church
Winona State University

Senior Programs

Independence, health, mobility, social connections as well as basic provisions are the wish of every older adult. ESNS' Senior Programs are designed to assist older adults in staying connected and engaged in the community; accessing the resources and supports needed to nurture healthy aging; and extending their quality time in the community. Our programs nurtured healthy aging and inspired older adults of all ages to work toward those goals.



Senior Opportunity Center

A collection of experiences that support “aging well” includes annual events, speaker/educational sessions, ElderLaw Clinics, AARP Tax Assistance, Volunteer experiences, exercise groups & blood pressure monitoring.

Accomplishments

- 3,253 older adults accessed ESNS services in 2013
- 150 seniors attended the Annual Health & Wellness Expo
- 200 seniors attended the Senior Appreciation Valentine Luncheon
- Matter of Balance: A Fall Prevention Education 8 week series held fall/spring
- 13,129 hot noon meals at ESNS Senior Dining (16% increase over 2012)
- 365 older adults were assisted in filing 360 Federal & 250 State returns through the support of AARP Tax Assistance Program
- 569 families, were assisted in filing 1,182 returns which generated refunds of \$1,161,205 through the support of AccountAbility MN Tax Services



Wheelchair Accessible Senior Transportation Services

ESNS' lift-equipped vehicles enabled older adults to access medical appointments, grocery shopping, senior dining at ESNS, drug store trips, nursing home visits and social events. Providing older adults with mobility support helps them remain active, make connections and attend community events like the Senior Health & Wellness Expo and the Senior Appreciation Valentine Luncheon.

Accomplishments

- 6,672 rides for medical appointments
- 13,784 shopping/dining rides
- 639 volunteer rides
- 21,095 rides covering 27,138 city miles
- Exemplary driver safety record ongoing throughout 2013



Friendship Center Adult Day Program

Licensed by the Department of Human Services, Friendship Center engages participants in health enhancement activities, provides wellness services, and connects participants to one another and the community. Friendship Center is a place where a sense of community is reborn; where new friends are made and where engaging with dignity brings older adults together. Special events and supported activity enables participation in community opportunities such as therapeutic swimming at Courage Center, tours at the Minneapolis Institute of Arts, and Climb Theater's improvisation workshops. Transportation to and from the center, hot noon meals and healthy snacks compliment music; creative arts; spirited discussions; storytelling; back yard gardening and adapted exercises that support fall prevention. Intergenerational projects create opportunities for young people (pre-school to high school) to interact, bringing joy and smiles with each encounter.

Accomplishments

- 2013 program integrated movement, poetry and dance with the involvement of *Kairos Alive Dance*
- Individualized art tours at the Minneapolis Institute of Arts led to participants visualizing and recreating great works of art
- Professionals from Climb Theater shared their improvisation skills, facilitating the groups' development of their story line and acting
- 13,842 hours of programmed services provided

Senior Community Service Employment Program (SCSEP)

A life line to low-income seniors (55 years and older who live in Hennepin County), The Senior Community Service Employment Program expanded its service goals in 2013 to serve older adults through placement in community-based host sites. Senior Employment, through our SCSEP Program, provides personal skills development and paid on-the-job training through community service training placements. Through this training older adults hone their skills while earning minimum wage during their search for unsubsidized employment. Participants learn job skills and receive on-the-job training through their work at nonprofit or government agencies, and are then assisted in gaining unsubsidized employment.

Accomplishments

- Served 205 qualifying older adults throughout Hennepin County
- 48% over age 65; 15% over age 75
- 26% older immigrant population; 56% minority
- 27 moved on to unsubsidized employment
- 61 community-based nonprofits throughout Hennepin County serve as host sites

Partnerships & Collaborations

Ameripride
Bethel University
Catholic ElderCare
Church of All Saints
Church of the Holy Cross
Courage Center
De La Salle High School
East Minneapolis Exchange Club
Gifts for Seniors
Group Work Camp – Week of Hope
Hennepin County
Home Instead
Inland Commercial Properties
Ignation Volunteer Corps
Menlo Park Academy
Metropolitan Area Agency on Aging
Metropolitan Health Plan
Metropolitan State University
Minneapolis Community Technical College
Minneapolis Public Housing Authority
Minnehaha Academy
MN Adult Day Services Association
National Adult Day Services
Nativity Lutheran Church
Neighborhood Health Source Community Clinic
Northeast Bank
PRISM
Senior Service America, Inc. – SCSEP - Title V of the Older Americans Act
St. Catherine/St. Thomas University
St. Anthony Health Care Center
Silver Rails
The Kenzington
UCare
Veterans Administration
Volunteers of America

Events

Fundraising events provide opportunities for East Side Neighborhood Services to make connections with members of the community, and serve as key sources of support for our programs. We are proud of the connections and commitments of our friends and neighbors who actively participate in our major fundraising events throughout the year. We thank the participants who have supported us during 2013.



Accomplishments

Twin Cities Snowshoe Shuffle and Canines for Camp Dog Walk were held on February 2, 2013 at Long Lake Regional Park. Over 175 participants were registered for the race and walk. After the race, participants, their loved ones and volunteers enjoyed a chili lunch, awards and silent auction at our agency.

Senior Valentine Luncheon was held February 13, 2013. Over 250 Seniors attended this year's event. 52 volunteers assisted, including groups from Union Bank and Trust, Washburn McReavy and Menlo Alternative High School.

17th Annual Eastside Wine Tasting was held on May 9, 2013. Approximately 500 attendees. 48 Volunteers.



Northeast Big River Brew Fest was held on Saturday, October 19th at the historic Grain Belt Bottling House. Over 1000 attendees tasted beer from 38 vendors and enjoyed food from Sentryz, NE Bulldog and Lloyds BBQ.

The Mill City Golf Tournament was held on September 13, 2013 at Gross Golf Course and attended by 48 players. After patio Party was held at the Village Pub. 7 Volunteers assisted.

The Holiday Train was held Tuesday, December 12, 2013, 7-9 p.m. at Shoreham Yards, 2800 Central Ave. NE, Minneapolis. Over 1000 community members attended to support the food Shelves of ESNS! Over 100 Volunteers helped to collect over 2,000 pounds of food, doubling the amount of food previously recorded from this event. Canadian Pacific Railroad presented a check for \$20,000.



Adopt a Family 2013 participants: 62 Families, 464 individuals, received holiday gifts and certificates from 16 Donor groups and individuals.

Volunteers

Volunteers breathe life into our fundraising events and programs. With our large array of programs and events, we are able to find a job for anyone who wants to volunteer. Whether it is rocking babies in daycare to cooking food for our events or repairing buildings at Camp Bovey, we have a place for their skills. We are grateful for the individuals, business groups and organizations who devoted their time in 2013 to help us continue to support the NE Minneapolis community.

To ensure the success of our agency, 604 Volunteers devoted 25,009 hours of time to the Programs and Events of ESNS. The Volunteer Program additionally worked with Hennepin County, Anoka County, Ramsey County, H.I.R.E.D program, Access to Employment, RISE, Tree Trust, Minneapolis Public Housing and local high schools to place individuals that are in need of serving community service hours.

Accomplishments

- Students from Breck High School spent 3 hours weekly Volunteering at both the Friendship Center and Northeast Childhood Development Center from September through May donating over 270 hours of their time
- 12 Students from Minnehaha Academy served a week of service in early March donating 288 hours of time

Participation and Volunteer Accomplishments for our fundraising events:

<i>Twin Cities Snowshoe Shuffle</i>	28 volunteers
<i>Senior Valentine Luncheon</i>	52 volunteers
<i>East Side Wine Tasting</i>	48 volunteers
<i>Mill City Golf Tournament</i>	8 volunteers
<i>Northeast Big River Brew Fest</i>	56 volunteers
<i>Holiday Train</i>	105 volunteers

Partnerships & Collaborations

Antioch Community Church
 Aramark
 Arcana Lodge #187
 Art District Chiropractic
 Breck High School
 Church of St. Gerard
 Columbia Heights Women of Today
 Dangerous Man Brewing
 De LaSalle High School
 Exchange Club of East Minneapolis
 Faith United Methodist Church
 First Tech
 Foley & Mansfield, PLLP
 Foster & Brever, PLLC
 Grace United Methodist Church
 Graco, Inc.
 Gustavus Adolphus Lutheran Church
 Hennepin County
 Holy Triune Lutheran Church
 Honeywell
 Kozlak Radulovich Funeral Chapels
 Land O' Lakes
 Lions Club of Northeast Minneapolis
 McKinley Group
 Medtronic
 Metropolitan Health Plan
 Minnehaha Academy
 Mount Carmel Lutheran Church
 Nativity Lutheran Church
 Northeast Bank
 Northeast Kiwanis Club
 Northeast Minneapolis Chamber
 Northeast Minneapolis Royalty
 Scholarship Program
 Northeast United Methodist
 RSP Architects
 Scales Advertising
 Soo Line Silver Rails
 St. Anthony High School
 St. Charles Borromeo
 St. Mary's Men's Club
 St. Paul's Lutheran Church
 Stanley's Northeast Bar Room
 Trinity United Methodist Church
 Truestone Financial
 Union Bank and Trust
 United Health Group
 University of Minnesota
 University of Minnesota Athletics
 Waite Park Church
 Washburn McReavy
 Xcel Energy

Metro Food Programs

Each of our three food shelf programs assists people who because of age, disability or language may face barriers accessing other food programs. We work in partnership with Minneapolis Public Housing Authority (MPHA) or other subsidized housing agencies who host our food shelves in their buildings. Each food shelf uses the “choice” model and provides a 4 – 6 day supply of food every month for each person in the household. Households are eligible if their income is under 200% of the poverty level. We focus on providing fresh fruits and vegetables, dairy, meat, other staple items and culturally specific food items. Our Resource and Referral Advocate provides clients with information, referrals and application assistance to food programs like SNAP and other ESNS and community resources.



The Senior Food Shelf

is dedicated to serving adults 55 and older who live throughout Hennepin County. We are hosted by MPHA at the Parker Skyview High Rise in NE Minneapolis. 2013 was the 29th year of operating the Senior Food Shelf and it continues to help meet the food needs of this growing population.

The High Rise Mobile Food Shelf

delivers food services twice a month to 35 subsidized housing buildings designated for seniors and disabled persons located throughout Hennepin County. Only residents of the building are eligible. At each building a team of residents volunteer to set up the food shelf and organize each distribution under the guidance of ESNS staff. Food isn't pre-boxed but is set up on tables and clients choose the items they want. This year was our first full year of operating this innovative program.

Glendale Food Shelf

serves the residents of Glendale Town Homes in Southeast Minneapolis and managed by MPHA. Glendale is a diverse community of residents with a majority being immigrants from East Africa and Southeast Asia. Our staff members are multi-lingual and help bridge most language barriers.

Partnerships & Collaborations

Big Lots – Brooklyn Center

Bix Produce

Emergency Foodshelf Network

Hennepin County

Hope for the City

Leeann Chin

Rainbow Foods – The Quarry & Columbia Heights

Red Lobster

Second Harvest Heartland

Sam's Club – Fridley

Target – The Quarry

Whole Foods – Edina & Calhoun Stores

Accomplishments

	Total # of households enrolled	Total # of individual services given	Total pounds distributed
The Senior Food Shelf	866	6,141	111,639
Glendale Food Shelf	145	7,970	61,890
High Rise Mobile Food Shelf	2,133	27,047	448,780
Totals	3,144	41,158	622,309

Service Area Locations

East Side Neighborhood Services

1700 Second Street NE, Minneapolis, MN 55413
612-781-6011 • www.esns.org

- Administration
- Northeast Child Development Center
- Youth Development Programs
- Senior Community Service Employment Project
- Menlo Park Academy
- Employment Network
- Family & Community Services
- Senior Programs

Camp Bovey

612-787-4030

ESNS Youth Summer Program

Friendship Center Adult Day Program

1717 Second Street NE, 55413

612-781-2052

The Senior Food Shelf

1801 Central Avenue NE, 55418

612-788-9521

High-Rise Mobile Food Shelf

554 8th Avenue N, 55411

612-340-9694

Glendale Food Shelf

92 Saint Mary's Avenue SE, 55414

612-342-1954

Heritage Academy School

1042 18th Avenue SE, 55414

Learning for Leadership

3300 5th Street NE #150, 55418

Edison High School

700 22nd Avenue NE, 55418

Youth Out-of-School Programs

Luxton Community Center

112 Williams Avenue SE, 55414

612-331-8678

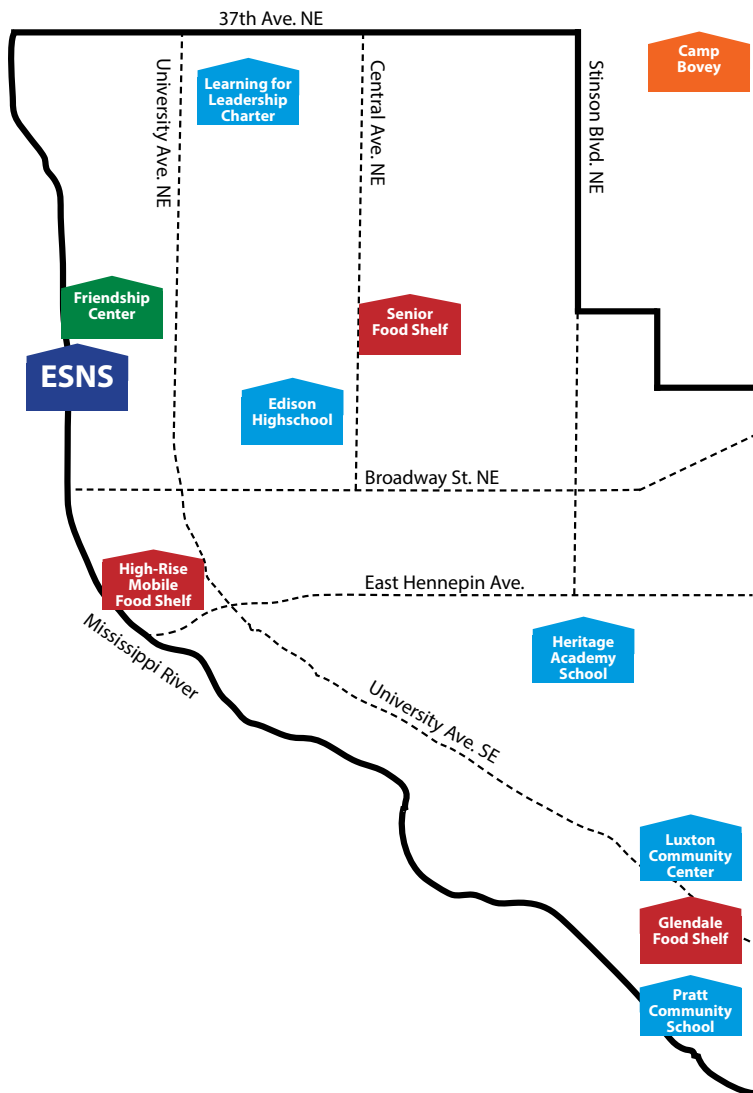
Youth Out-of-School Programs

Pratt Community School

66 Malcolm Avenue SE, 55414

612-668-1120

Youth Out-of-School Programs



2013 Financials & Statistics

Core Program information

In 2013 ESNS served almost 27,000 individuals either through our core programs, community outreach and events or by use of our building facilities.

5795 persons accessed our **Core Programs** which include 12 specific program areas:

- Youth Out-of-School-Time/Camp
- WIA Youth Career Development
- Northeast Child Development Center
- Family and Community
- Adult Employment Network
- Senior Employment
- Senior Transportation
- Senior Food Shelf
- Glendale Food Shelf
- High-rise Mobile Food Shelf
- Friendship Center Adult Day Program
- Menlo Park Academy

4793 persons accessed our **Hosted Community Services†**, neighborhood meetings and seasonal programs (including Volunteers, Adopt-a-Family holiday gifts and tax assistance).

16,320 persons utilized **Community Access‡** to our facilities.

You make all this possible with your gifts:

\$500

- Sends a low-income child to Camp Bovey for 5 days
- Supplies One Ton of Food to our 35 Senior & Mobile Food Shelves

\$400

- Provides tutoring at our Alternative High School for an entire school year
- Sends a Senior Adult to the Friendship Center Day Program for 5 days of programmed activities

\$250

- One person can attend an Employment Skill Training Class to learn new skills
- One person gains the skills to Stop Abusive/Violent Behavior

\$100

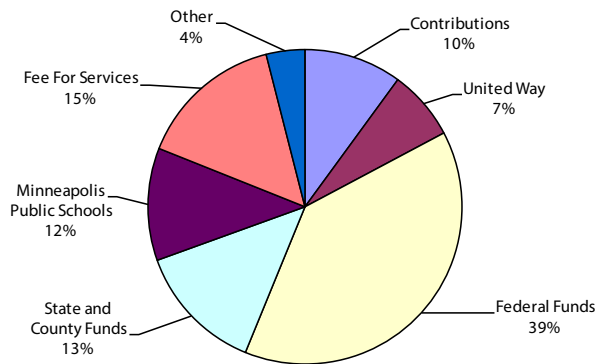
- Supplies 400 pounds of Food to our 37 Senior & Mobile Food Shelves
- Helps a low-wage working parent pay for daycare

\$50

- Provides 8 senior adults with Transportation to Medical Appointments
- Buys 10 kids healthy snacks for a month of After School Programs

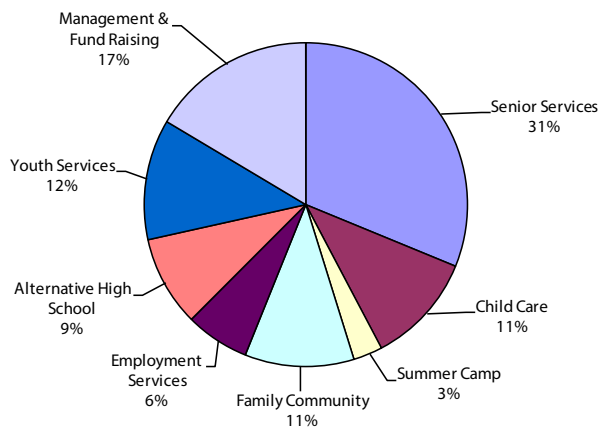


2013 Revenue Sources - \$6,066,729

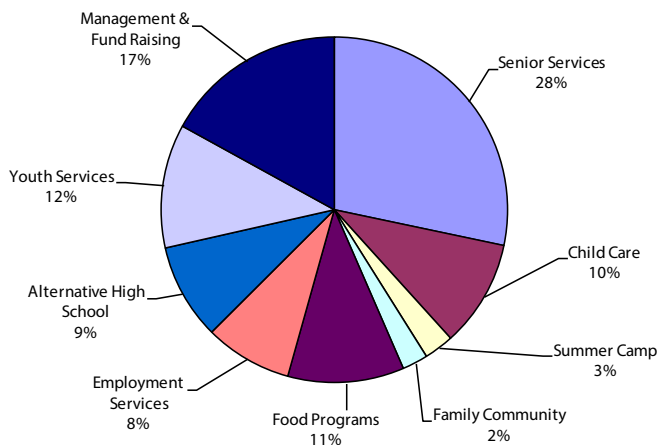


2013 Program Expenses - \$6,043,214*

*includes Depreciation



2014 Agency Budget - \$6,196,516



Total Clients Served in Our Core Programs 5,795

Gender
 Female 51%
 Male 44%
 Unknown 5%

Age
 0-6 1.5%
 6-9 3%
 10-14 6%
 15-17 5%
 18-22 3%
 23-54 22%
 55-64 30%
 65-74 14%
 75-84 8%
 85+ 4%
 Age Unknown 3.5%

Ethnicity/Race
 African 9.5%
 African American 20.2%
 Native Indian 2.2%
 Asian 2.3%
 White 23.7%
 Latino 3.0%
 Multiracial 3.2%
 Other 0.2%
 Unknown/No Data 35.7%

Poverty Level
 < 100 % poverty 34%
 125% poverty 4%
 100-200% poverty 49%
 > 200% poverty 7%
 unknown 6%

† Hosted Community Services Total 4793

‡ Community Access to Facilities
 Hispanic, Latino, Chicano 46%
 African 44%
 Other 10%
Total 16,320

Total Persons Served 26,908

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