

# **EAST SIDE NEIGHBORHOOD SERVICES**

**2013 ANNUAL REPORT** 



# **Table of Contents**

Mission Statement	 . 3
Welcome Letter	 . 5
Northeast Child Development Center	 . 7
Youth Programs	 . 8
Youth Employment Program	 . 10
Menlo Alternative High School	 .11
Camp Bovey	 .11
Employment & Training	 . 12
Family & Community	 .13
Senior Programs	 . 14
Events	 . 16
Volunteers	 . 17
Metro Food Programs	 .18
ESNS Site Locations	 . 19
Financials and Agency Statistics	 . 20
Individual Donors	 . 22
Business/Community Donors	 . 24
Board of Directors	 . 26
December 2011	<b>~</b> -







## **ESNS Mission Statement**

To foster the healthy development and well being of individuals and families while strengthening our diverse community.

## **Statement Of Inclusiveness**

East Side Neighborhood Services, Inc. affirms the right of every person to participate in employment without regard to race, color, religion, sex, national origin, age, sexual orientation, disability, disabled veterans or Vietnam era veteran status, marital status, public assistance or membership/activity in a local human rights commission, and in accordance with all applicable laws, directives, and regulations of the federal and local governing bodies.

## **Living Statement On Respect**

## Dignity -

Every human being has inherent worth and deserves to be treated respectfully.

### Value Differences -

Value the uniqueness of each person without bias.

## Personal Responsibility -

We are responsible for our actions toward others and for others, informing or taking appropriate action, when our dignity has been violated.







## **President & Board Chair's Report**

In completing our 98th year of service to our clients from the neighborhood and greater metropolitan area, we are making significant strides in achieving positive outcomes for those whom we are here to serve. At the same time we are working at maintaining a strong community and creating new opportunities for our residents. Following our work with the Management Assistance Project (MAP) the Board's focus this year were in the areas of Basic Needs-Food; Northeast Child Development Center-School Readiness; and the East Side Thrift Store.

In 2013 after taking over a local Food Bank, we found that its roof had severe leaks, a number of systems were not in acceptable condition, it was not previously a participating member with the major food shelves, (i.e. Emergency Food Shelf Network, Second Harvest Heartland, or Hunger Solutions), and that it needed significant reorganization. Through critical focus, community partners, and hard work, we were able to reorganize, meet membership requirements to join the other programs, repair many of the problems and complete the asset purchase agreement to preserve this needed community service. We thank all those who carried the program in the past and currently all who have supported us in this effort.

We continue to work on the challenges of funding for Early Childhood Education and the high cost of providing the service vs. the limited resources to enroll low-income families. The research is clear that kids who are kindergarten-ready have better outcomes in school than those that have not been prepared for school. Our Staff are highly qualified educators that are helping kids and their families to be school ready. Our challenge continues to be finding resources to support these low-income kids so they are able to participate.

The East Side Thrift Store was closed in the spring. We found that although it was helping some residents desperately in need of items, the financial drain on the organization was greater than the benefit to the community. We thank all who donated and helped support this enterprise over the ten years that East Side operated the store.

This past year was again a time when we reached out to the community for help and they responded. Our Senior Dining Room and Northeast Child Development Center received new floor covering donated by Target Corporation and a grant from Steven's Square Foundation helped with the installation; the leaking roof at our High-Rise Mobile Food Shelf building was rebuilt by Local Union No. 96 of the roofers union; we received a \$50,000 capacity-building grant from the Greater Twin Cities United Way, allowing us to add a staff person for our food program and support for implementation of the Affordable Care Act; we moved to a new webbased employee time keeping system; we have been in discussion with Hennepin County on making space available for their staff at East Side as a satellite site; we have been upgrading all agency work stations to Windows 7 and added wireless service in our building, along with new development tracking software. We added a series of new, free-to-seniors, ElderLaw Clinics monthly on Saturday mornings. Our Board also reviewed, updated, and approved new bylaws and actively led many of our annual events.

We are optimistically looking forward to 2014, and thank all of you who have helped us along the way.



Curt Holewa Board Chair

Bill Laden President









## **Early Childhood Development**

Northeast Child Development Center improves children's development in multiple developmental domains, preparing children to enter kindergarten with the early literacy skills necessary for school success and engaging parents in their children's development and transition to kindergarten.

Our classrooms are designed to help children feel safe, emotionally secure, and have a sense of belonging. NECDC recognizes and celebrates parents as a child's first teachers. Our program activities and teaching strategies are challenging, yet within each child's reach. NECDC helps children acquire social competence and the skills they need to succeed as learners.

NECDC provides strategies for building positive relationships. We guide children's development offering support to challenging behaviors. Developmental assessments provide parents and teachers with a clear picture of each child's successes. Assessments also help parents and staff plan goals that will help each child master developmental milestones.

NECDC is a licensed, National Association for the Education of Young Children accredited program, a MN Parent Aware 4 star rated early education program and is one of 11 Hennepin County Strong Beginnings programs designed to support kindergarten readiness.

### **Accomplishments**

7 out of 8 children attending kindergarten in the fall successfully achieved 99% of the developmental indicators in each of the four domain areas: social/emotional, cognitive, language/literacy and physical development.

There was a 75% increase in parents reporting positive parenting techniques that enhance school readiness skills in their children. NECDC staff incorporated a health and nutrition component into their curriculum to support healthy eating and increase exercise in early childhood programs, thus taking an active role in helping to reduce childhood obesity.

#### **Partnerships & Collaborations**

**All ESNS Programs** 

**Breck School** 

**Health Dimension Rehabilitation** 

Hennepin County Purchase of Service for Strong Beginnings

**MACC** 

**Minneapolis Public Health Department** 

Minneapolis Public Schools
Special Education Program

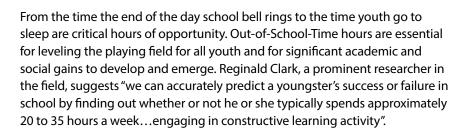
Minnehaha Academy

**Minnesota Visiting Nurses Association** 

Rotarians University of Minnesota - School of Pediatrics

## **Youth Programs**



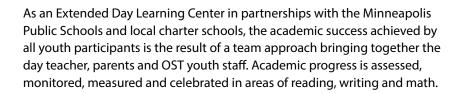


ESNS' Out-of-School-Time (OST) programs create a bridge or "border zone" between the culture of peers, families and communities on the one hand, and the school environment on the other. Our intentional, evidence-based learning environment focuses on creating a safe space and a sense of belonging, maximizing the learning opportunity during OST hours.



Both academic and social/emotional development are key programmatic components. Literacy support, small group academic instruction using a multi-sensory and hands-on approach, opportunities for community engagement, leadership development, work-readiness skills, outdoor learning, relationship building and parent engagement are designed to meet each participant's individual learning needs. Equally important, our curriculum balances creative play, physical activity, art education, healthy snacks, conflict resolution and exposure to new learning experiences.

Building resiliency, grit and holding all youth to high expectations in reaching their fullest potential are foundations of all programming goals. Our dedicated and professional team of 13 full-time staff and 45 part-time staff and community partners work with over 350 youth and their families year-round.





Youth programming is offered at seven different locations including five school-based and two community-based programs, including both school-year, summer and school release day programming.

### **Accomplishments**

Our program continues to be unique and lead the way in social and emotional integrated play by having an on-site, full time Drama Therapist supporting all of our OST programs. Youth are able to safely and creatively sort through toxic stress and build coping skills at the same time, which in return allows focused learning to be devoted to other crucial areas in their life.

Data also reflects that not only are academic goals being met, and often times exceeded in each of our programs, but that youth are reporting high levels of engagement, a sense of belonging, relationships with peers and adult staff, satisfaction and interest in the youth programs with an "agree" or "strongly agree" percent of 85%. Programs are also exceeding retention goals as set by The Department of Education's 21st Century Community Learning Center Funding. Literacy specialists within the K-5 programs also report that 90% of all participants who were below grade level upon entering the program will be at, or exceeding, grade level standards in reading by the end of the school year.

#### **Partnerships & Collaborations**

Adler Grad School's Art Therapy Program

**AchieveMPLS** 

**America Reads Mentors** 

**Arts In Action** 

**Beacons** 

**Big Brothers/Big Sisters** 

**City of Minneapolis** 

**Edison High School** 

**Heritage Academy School** 

**Junior Achievement** 

**MCTC Internship Program** 

**Menlo Park Academy** 

**Metro State Internship Program** 

**Minneapolis Community Ed** 

**Minneapolis Parks and Recreation** 

**Minneapolis Public Housing** 

**Minneapolis Public Libraries** 

**Minneapolis Public Schools** 

**Minnesota Department of Education** 

**MN Green** 

Northeast Bank/EverFi

**NE Youth Providers** 

**Pratt Community School** 

St. Catherine University Intern Program

**Second Harvest Heartland** 

**Southeast Human Services** 

**Target** 

**University of Minnesota Service Learning** 

YMCA - Y Mentors Program

**Youth Coordinating Board** 

### **Partnerships & Collaborations**

**Achieve! Minneapolis** 

**Aramark** 

City of Minneapolis/METP

ESNS Adult Employment Training Program

EverFi Financial Literacy
Training Program

**Hennepin County Libraries** 

**MACC** 

**Menlo Park Academy** 

**Minneapolis Community Education** 

**Minneapolis Public Schools** 

**Minneapolis Parks and Rec** 

**NE Bank** 

**Sundance Family Foundation** 

T.J. Maxx



## The WIA (Workforce Investment Act) Youth Program

at ESNS, known as the Youth Employment and Career Development Program, assists youth to develop work readiness and crucial life skills through individual and small group training and support. Youth participants engage in goal setting, employability and vocational skill training, and high quality work experiences that prepare them to be successful adults. Youth receive ongoing support from a consistent, trained adult to address challenges that create barriers to being successful in school and employment.

Youth ages 14-18 set goals to improve basic academic, work readiness and occupational skills with their case manager. Their work focuses on improving attendance and performance to successfully complete high school, gaining interview skills, creating resumes, completing job applications and participating in volunteer or paid internships to build upon their skills.

Youth ages 19-21 set goals to obtain and maintain quality employment and to enter post-secondary training in their area of career interest. They work together with their case manager to explore long-term career options and develop a plan to get there. Participants have opportunities to attend job fairs, get certified with industry recognized credentials in high-demand careers and college visits. Support services are all available to provide transportation, work/interview clothes and supplies as they transition into the professional world.

## **Accomplishments**

- 12 youth participated in paid internships earning an average of \$1,160 and gaining valuable experience and references for their future job search
- The WIA Youth Employment Program partnered with Adult Employment Training to offer the first Young Adult Social Entrepreneurship Program through a grant from the Sundance Family Foundation
- 16 youth who exited the WIA Youth program in 2013 found full or part time unsubsidized employment during their time in the program
- 19 young job seekers attended work readiness workshops with youth from other agencies led by Aramark volunteers through a collaborative effort led by the MACC alliance
- 22 Menlo students attended a six week (30 hours) job readiness class facilitated by the WIA Youth case manager
- The ESNS WIA Youth Program earned a perfect score on an internal monitoring visit from the City of Minneapolis for the third year in a row!

## **Menlo Park Academy**

A contract alternative program of the Minneapolis Public Schools, Menlo Park Academy serves students in 9th-12th grade whose needs are not being met in the traditional school setting. Through small class sizes and a supportive staff, 75 students earn the full range of credits needed for a Minneapolis High School diploma. Menlo Park Academy creates a setting where students feel safe to learn and grow, and where educational needs are met through a wide variety of materials and strategies matched to individual learners. Learning becomes a priority when social and emotional needs are being met.

### **Accomplishments**

16 seniors graduated; 5 scholarships were awarded — 2 each from the Northeast Minneapolis Lions Foundation and from the Kopp Family Foundation, and one from the Lori Blomme Determination Scholarship Fund.

## **Camp Bovey**

Camp Bovey celebrated a successful 64th summer for youth ages 8-18 with a Counselor-In-Training Program for youth 15-16 and a Junior Staff Program for youth ages 17 and 18. Camp Bovey is located in the beautiful northwoods of Wisconsin, spanning over 200 acres. Camp Bovey campers enjoy intentional learning activities designed to promote independence, confidence, friendship-building, resilience, thriving, positive risk taking, character building, connection with nature, increased physical activity and reduced summer learning loss. Activities include swimming, canoeing, team-building, environmental education, archery, outdoor living skills, fishing and exploring nature.

The Camp Bovey (American Camping Association Accredited) experience is unique, providing a family-like atmosphere, intentional pro-social skill development such as independence, friendship-making, responsibility, leadership and cooperation. Our experienced, trained and caring staff ensure that the time spent at Camp Bovey is meaningful, fun, safe and builds on each youth's strengths. This one or two-week experience is affordable for all youth who want to attend camp. We have a sliding fee scale to provide scholarships, ensuring all youth have the same opportunity to experience camp.

Looking forward to our upcoming season, Camp Bovey is proud to be designing two new themed sessions around the visual arts and performing arts. Local artists and community partners will be joining our staff team and helping us create an unforgettable, studio-like experience. New in 2014, Camp Bovey is proud to offer all of our campers the opportunity to explore and sleep in a 25 foot tipi. Campers will learn the history and cultural meaning behind a traditional tipi.

#### **Partnerships & Collaborations**

**Achieve! Minneapolis** 

**Foster Grandparents Program** 

**Minneapolis Public Schools** 

The Metropolitan Federation of Alternative Schools

**The Sheridan Story** 

### **Partnerships & Collaborations**

**Allina Health System** 

**American Camping Association** 

Arcana Lodge

Cabela's

**Camp Nebagamon Scholarship Fund** 

Columbia Heights Fire Department & Cadets

**Exchange Club of East Minneapolis** 

**Freeway Ford** 

Gordon Good Neighbor Days and Winter Fest

**Gordon Fire Department** 

**Gordon Police** 

**Gordon/Wascott Ambulance Service** 

**Greater Twin Cities United Way** 

**LaMere Concrete** 

**Lions Club of Northeast Minneapolis** 

**New Brighton Police and Reserves** 

**Northeast Kiwanis Club** 

North East Minneapolis Arts Association (NEMAA)

**Pohlad Foundation** 

**Ramsey County Parks** 

**Ramsey County Water Patrol** 

Sam's Club

Second Harvest Northern Lakes Food Bank

Siwek Lumber

**Twin Cities Snowshoe Shuffle** 

**Union Bank & Trust** 

**U.S. Food Service** 

USDA

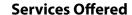
**Xcel Energy** 

## **Employment & Training**



The Employment & Training Department works with employers to meet their greatest need—a skilled and trained workforce. We provide career development and training opportunities to clients of various employment backgrounds and skill sets, and help prepare them for the workforce.

We work with the MN Family Investment Program (MFIP), and the Minneapolis Employment & Training Program (METP). Vocational training programs include: Leadership in Hospitality, ServSafe, Food Safety Manager, Forklift and Bobcat Skid Steer Loader Operation, Direct Support Professional, Introduction to Health & Human Services Careers, and American Red Cross First Aid, CPR, AED and Bloodborne Pathogens training. All of the courses result in industry-recognized certifications.



- Employability/Career Assessments
- Individual Career Development/Employment Plan
- Career Counseling and Job Search Assistance
- Job Lab Access
- Job Placement
- Job Retention Services & Follow Up
- Referrals to Support Services
- Financial Literacy Education

## **Accomplishments**

- 2013 Provider of the Year Award Minneapolis & Training Program
- Received \$220k Adult Workforce Development training grant from the MN Department of Employment & Economic Development (DEED)
- Provided credentialed vocational training to 130 job seekers
- 100 participants placed in employment
- 79 participants, unemployed upon enrollment, found employment
- 17 participants were placed in high wage jobs \$12-27/hour; another 20 earned between \$10 and \$11.99/hour
- All of the Employment Program participants received financial literacy training; over half have implemented a spending/savings plan







## **Family & Community**

# Family Violence Program/ Family Community Department

Adult participants are assisted in developing communication and conflict resolution skills that can be used in their home, workplace, and in the community. The continuum of services assists participants to develop positive family relationships, work through life challenges, and become contributing community members.

Our program offers both Men's and Women's Educational Series, an outcome-based program for a minimum of 18 weeks to teach participants the skills they need to reduce assaultive behaviors. Our relationships with many counties, as well as health, social service, and law enforcement agencies help our staff address participant needs with knowledge and compassion, using the best practices in the field.

## **Accomplishments**

- Program included 50 weeks of programming; 396 meetings were held for men and 60 for women
- 508 group participants completed the Family Violence Program Educational Series. They were monitored for compliance for one year, and 95% of these individuals did not re-offend after one year
- Out of 508 total group participants, there were 23,139 interventions.
   448 group participants demonstrated improvement in the year. 36 group participants mentored (returned after completion) a total of 217 times
- 99 interns and volunteers contributed over 14,722 hours of services, which equates to 7.2 full-time employees. We trained interns from 13 different colleges and universities
- The Family Violence Program has been offering services since the men's programming began in 1985, and the present Educational Series format was developed in 1989
- Family Violence Staff were recognized by Adler Graduate School with an award for "Excellence In Internship"

## **Family & Community Accomplishments**

- Served 441 individuals through the Crisis Food Shelf with 2,294 interventions
- Distributed \$25,000 to 58 clients, covering 65 bills through the Elijah's Cup Crisis Fund from the Beverly Foundation
- Distributed 60 backpacks to clients in the Family Violence Program and other programs in the agency
- Helped distribute toys at the Holiday Toy Store

#### **Partnerships & Collaborations**

AIOI

**Alfred Adler Institute** 

**Alpha Human Services** 

**Bethel University - Social Work Program** 

Beverly Foundation – Elijah's Cup Crisis Funding

**Brescia University** 

**Brooklyn Park Police Department** 

**Brooklyn Center Police Department** 

**Calvary Lutheran Church** 

Concordia College – Moorhead Social Work Program

**Emergency Food Shelf Network** 

Hennepin County Departments of Corrections, Child Protection & Adult Protection

**Lions Club of Northeast Minneapolis** 

**MACC Commonwealth** 

Metro State University – Social Work Program

Minneapolis Community Technical College – Human Services Program

National Association of Social Workers

**North Point** 

People Who Work With People Who Batter Programs

Probation Offices of Anoka, Dakota, Hennepin, Ramsey, Scott, Washington & Wright Counties

**Project Peace** 

Sentyrz Supermarket

Shaws Bar & Grill - Menagerie Rugby Club

St. Catherine University – Bachelors of Social Work & Masters of Social Work Programs

St. Cloud State University – Social Work Program

St. Mary's Greek Orthodox Church

St. Olaf College - Social Work Program

Summit Academy – Community Health
Worker Program

**Target** 

**The Caring Tree** 

**Twin Cities Rise!** 

**United Way First Call For Help 211** 

University of Minnesota – School of Human Services & Social Work Program

University of St. Thomas – Social Work Program

Walden University

Waite Park Wesleyan Church

**Winona State University** 

# **Senior Programs**

Independence, health, mobility, social connections as well as basic provisions are the wish of every older adult. ESNS' Senior Programs are designed to assist older adults in staying connected and engaged in the community; accessing the resources and supports needed to nurture healthy aging; and extending their quality time in the community. Our programs nurtured healthy aging and inspired older adults of all ages to work toward those goals.

## **Senior Opportunity Center**

A collection of experiences that support "aging well" includes annual events, speaker/educational sessions, ElderLaw Clinics, AARP Tax Assistance, Volunteer experiences, exercise groups & blood pressure monitoring.

## Accomplishments

- 3,253 older adults accessed ESNS services in 2013
- 150 seniors attended the Annual Health & Wellness Expo
- 200 seniors attended the Senior Appreciation Valentine Luncheon
- Matter of Balance: A Fall Prevention Education 8 week series held fall/spring
- 13,129 hot noon meals at ESNS Senior Dining (16% increase over 2012)
- 365 older adults were assisted in filing 360 Federal & 250 State returns through the support of AARP Tax Assistance Program
- 569 families, were assisted in filing 1,182 returns which generated refunds of \$1,161,205 through the support of AccountAbility MN Tax Services

## **Wheelchair Accessible Senior Transportation Services**

ESNS' lift-equiped vehicles enabled older adults to access medical appointments, grocery shopping, senior dining at ESNS, drug store trips, nursing home visits and social events. Providing older adults with mobility support helps them remain active, make connections and attend community events like the Senior Health & Wellness Expo and the Senior Appreciation Valentine Luncheon.

## **Accomplishments**

- 6,672 rides for medical appointments
- 13,784 shopping/dining rides
- 639 volunteer rides
- 21,095 rides covering 27,138 city miles
- Exemplary driver safety record ongoing throughout 2013







## Friendship Center Adult Day Program

Licensed by the Department of Human Services, Friendship Center engages participants in health enhancement activities, provides wellness services, and connects participants to one another and the community. Friendship Center is a place where a sense of community is reborn; where new friends are made and where engaging with dignity brings older adults together. Special events and supported activity enables participation in community opportunities such as therapeutic swimming at Courage Center, tours at the Minneapolis Institute of Arts, and Climb Theater's improvisation workshops. Transportation to and from the center, hot noon meals and healthy snacks compliment music; creative arts; spirited discussions; storytelling; back yard gardening and adapted exercises that support fall prevention. Intergenerational projects create opportunities for young people (pre-school to high school) to interact, bringing joy and smiles with each encounter.

## Accomplishments

- 2013 program integrated movement, poetry and dance with the involvement of *Kairos Alive Dance*
- Individualized art tours at the Minneapolis Institute of Arts led to participants visualizing and recreating great works of art
- Professionals from Climb Theater shared their improvisation skills, facilitating the groups' development of their story line and acting
- 13,842 hours of programmed services provided

# **Senior Community Service Employment Program (SCSEP)**

A life line to low-income seniors (55 years and older who live in Hennepin County), The Senior Community Service Employment Program expanded its service goals in 2013 to serve older adults through placement in community-based host sites. Senior Employment, through our SCSEP Program, provides personal skills development and paid on-the-job training through community service training placements. Through this training older adults hone their skills while earning minimum wage during their search for unsubsidized employment. Participants learn job skills and receive on-the-job training through their work at nonprofit or government agencies, and are then assisted in gaining unsubsidized employment.

## **Accomplishments**

- Served 205 qualifying older adults throughout Hennepin County
- 48% over age 65; 15% over age 75
- 26% older immigrant population; 56% minority
- 27 moved on to unsubsidized employment
- 61 community-based nonprofits throughout Hennepin County serve as host sites

### **Partnerships & Collaborations**

Ameripride

**Bethel University** 

Catholic ElderCare

**Church of All Saints** 

**Church of the Holy Cross** 

**Courage Center** 

De La Salle High School

East Minneapolis Exchange Club

**Gifts for Seniors** 

**Group Work Camp - Week of Hope** 

**Hennepin County** 

**Home Instead** 

**Inland Commercial Properties** 

**Ignation Volunteer Corps** 

**Menlo Park Academy** 

**Metropolitan Area Agency on Aging** 

Metropolitan Health Plan

**Metropolitan State University** 

Minneapolis Community Technical College

**Minneapolis Public Housing Authority** 

Minnehaha Academy

**MN Adult Day Services Association** 

**National Adult Day Services** 

**Nativity Lutheran Church** 

Neighborhood Health Source Community Clinic

**Northeast Bank** 

**PRISM** 

Senior Service America, Inc. – SCSEP - Title V of the Older Americans Act

St. Catherine/St. Thomas University

St. Anthony Health Care Center

Silver Rails

The Kenzington

**UCare** 

**Veterans Administration** 

**Volunteers of America** 

## **Events**





## **Accomplishments**

Twin Cities Snowshoe Shuffle and Canines for Camp Dog Walk were held on February 2, 2013 at Long Lake Regional Park. Over 175 participants were registered for the race and walk. After the race, participants, their loved ones and volunteers enjoyed a chili lunch, awards and silent auction at our agency.

Senior Valentine Luncheon was held February 13, 2013. Over 250 Seniors attended this year's event. 52 volunteers assisted, including groups from Union Bank and Trust, Washburn McReavy and Menlo Alternative High School.

17th Annual Eastside Wine Tasting was held on May 9, 2013. Approximately 500 attendees. 48 Volunteers.

Nordeast Big River Brew Fest was held on Saturday, October 19th at the historic Grain Belt Bottling House. Over 1000 attendees tasted beer from 38 vendors and enjoyed food from Sentryz, NE Bulldog and Lloyds BBQ.

The Mill City Golf Tournament was held on September 13, 2013 at Gross Golf Course and attended by 48 players. After patio Party was held at the Village Pub. 7 Volunteers assisted.

The Holiday Train was held Tuesday, December 12, 2013, 7-9 p.m. at Shoreham Yards, 2800 Central Ave. NE, Minneapolis. Over 1000 community members attended to support the food Shelves of ESNS! Over 100 Volunteers helped to collect over 2,000 pounds of food, doubling the amount of food previously recorded from this event. Canadian Pacific Railroad presented a check for \$20,000.

Adopt a Family 2013 participants: 62 Families, 464 individuals, received holiday gifts and certificates from 16 Donor groups and individuals.





## Volunteers

Volunteers breathe life into our fundraising events and programs. With our large array of programs and events, we are able to find a job for anyone who wants to volunteer. Whether it is rocking babies in daycare to cooking food for our events or repairing buildings at Camp Bovey, we have a place for their skills. We are grateful for the individuals, business groups and organizations who devoted their time in 2013 to help us continue to support the NE Minneapolis community.

To ensure the success of our agency, 604 Volunteers devoted 25,009 hours of time to the Programs and Events of ESNS. The Volunteer Program additionally worked with Hennepin County, Anoka County, Ramsey County, H.I.R.E.D program, Access to Employment, RISE, Tree Trust, Minneapolis Public Housing and local high schools to place individuals that are in need of serving community service hours.

## **Accomplishments**

- Students from Breck High School spent 3 hours weekly Volunteering at both the Friendship Center and Northeast Childhood Development Center from September through May donating over 270 hours of their time
- 12 Students from Minnehaha Academy served a week of service in early March donating 288 hours of time

# Participation and Volunteer Accomplishments for our fundraising events:

Twin Cities Snowshoe Shuffle	28 volunteers
Senior Valentine Luncheon	52 volunteers
East Side Wine Tasting	48 volunteers
Mill City Golf Tournament	8 volunteers
Nordeast Big River Brew Fest	56 volunteers
Holiday Train	105 volunteers

**Partnerships & Collaborations** 

**Antioch Community Church** 

**Aramark** 

Arcana Lodge #187

**Art District Chiropractic** 

Breck High School

**Church of St. Gerard** 

**Columbia Heights Women of Today** 

**Dangerous Man Brewing** 

De LaSalle High School

**Exchange Club of East Minneapolis** 

**Faith United Methodist Church** 

**First Tech** 

Foley & Mansfield, PLLP

Foster & Brever, PLLC

**Grace United Methodist Church** 

Graco, Inc.

**Gustavus Adolphus Lutheran Church** 

**Hennepin County** 

**Holy Triune Lutheran Church** 

Honeywell

**Kozlak Radulovich Funeral Chapels** 

Land O'Lakes

**Lions Club of Northeast Minneapolis** 

**McKinley Group** 

Medtronic

Metropolitan Health Plan

Minnehaha Academy

**Mount Carmel Lutheran Church** 

**Nativity Lutheran Church** 

**Northeast Bank** 

**Northeast Kiwanis Club** 

**Northeast Minneapolis Chamber** 

**Northeast Minneapolis Royalty** 

**Scholarship Program** 

**Northeast United Methodist** 

**RSP Architects** 

**Scales Advertising** 

**Soo Line Silver Rails** 

St. Anthony High School

St. Charles Borromeo

St. Mary's Men's Club

St. Paul's Lutheran Church

Stanley's Northeast Bar Room

**Trinity United Methodist Church** 

**Truestone Financial** 

Union Bank and Trust

United Health Group

**University of Minnesota** 

**University of Minnesota Athletics** 

**Waite Park Church** 

**Washburn McReavy** 

**Xcel Energy** 

## **Metro Food Programs**



Each of our three food shelf programs assists people who because of age, disability or language may face barriers accessing other food programs. We work in partnership with Minneapolis Public Housing Authority (MPHA) or other subsidized housing agencies who host our food shelves in their buildings. Each food shelf uses the "choice" model and provides a 4 – 6 day supply of food every month for each person in the household. Households are eligible if their income is under 200% of the poverty level. We focus on providing fresh fruits and vegetables, dairy, meat, other staple items and culturally specific food items. Our Resource and Referral Advocate provides clients with information, referrals and application assistance to food programs like SNAP and other ESNS and community resources.

## The Senior Food Shelf

is dedicated to serving adults 55 and older who live throughout Hennepin County. We are hosted by MPHA at the Parker Skyview High Rise in NE Minneapolis. 2013 was the 29th year of operating the Senior Food Shelf and it continues to help meet the food needs of this growing population.

## The High Rise Mobile Food Shelf

delivers food services twice a month to 35 subsidized housing buildings designated for seniors and disabled persons located throughout Hennepin County. Only residents of the building are eligible. At each building a team of residents volunteer to set up the food shelf and organize each distribution under the guidance of ESNS staff. Food isn't pre-boxed but is set up on tables and clients choose the items they want. This year was our first full year of operating this innovative program.

## **Glendale Food Shelf**

serves the residents of Glendale Town Homes in Southeast Minneapolis and managed by MPHA. Glendale is a diverse community of residents with a majority being immigrants from East Africa and Southeast Asia. Our staff members are multi-lingual and help bridge most language barriers.

Accomplishments	Total to thouse	nodes totalist	dual diver	ounds dibuted
The Senior Food Shelf	866	6,141	111,639	
Glendale Food Shelf	145	7,970	61,890	
High Rise Mobile Food Shelf	2,133	27,047	448,780	
Totals	3,144	41,158	622,309	

**Partnerships & Collaborations** 

Big Lots - Brooklyn Center

**Bix Produce** 

**Emergency Foodshelf Network** 

**Hennepin County** 

Hope for the City

Leeann Chin

Rainbow Foods – The Quarry & Columbia Heights

Red Lobster

Second Harvest Heartland

Sam's Club - Fridley

Target - The Quarry

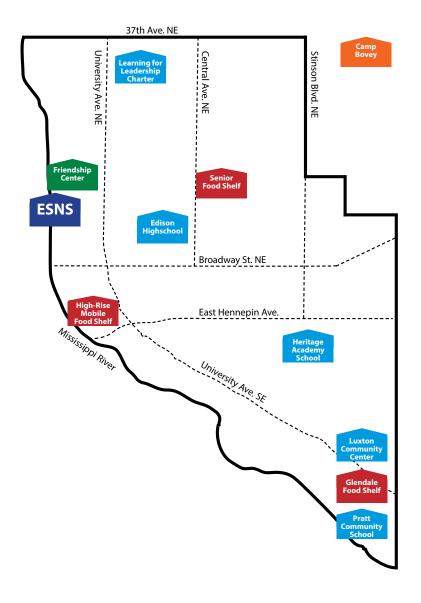
Whole Foods - Edina & Calhoun Stores

## **Service Area Locations**

## **East Side Neighborhood Services**

1700 Second Street NE, Minneapolis, MN 55413 612-781-6011 • www.esns.org

- Administration
- Northeast Child Development Center
- Youth Development Programs
- Senior Community Service Employment Project
- Menlo Park Academy
- Employment Network
- Family & Community Services
- Senior Programs



#### **Camp Bovey**

612-787-4030

**ESNS Youth Summer Program** 

#### **Friendship Center Adult Day Program**

1717 Second Street NE, 55413 612-781-2052

#### **The Senior Food Shelf**

1801 Central Avenue NE, 55418 612-788-9521

#### **High-Rise Mobile Food Shelf**

554 8th Avenue N, 55411 612-340-9694

#### **Glendale Food Shelf**

92 Saint Mary's Avenue SE, 55414 612-342-1954

#### **Heritage Academy School**

1042 18th Avenue SE, 55414

#### **Learning for Leadership**

3300 5th Street NE #150, 55418

### **Edison High School**

700 22nd Avenue NE, 55418 **Youth Out-of-School Programs** 

## **Luxton Community Center**

112 Williams Avenue SE, 55414 612-331-8678

**Youth Out-of-School Programs** 

## **Pratt Community School**

66 Malcolm Avenue SE, 55414 612-668-1120

**Youth Out-of-School Programs** 

## 2013 Financials & Statistics



## **Core Program information**

In 2013 ESNS served almost 27,000 individuals either through our core programs, community outreach and events or by use of our building facilities.

5795 persons accessed our **Core Programs** which include 12 specific program areas:

Youth Out-of-School-Time/Camp
WIA Youth Career Development
Northeast Child Development Center
Family and Community
Adult Employment Network
Senior Employment
Senior Transportation
Senior Food Shelf
Glendale Food Shelf
High-rise Mobile Food Shelf
Friendship Center Adult Day Program
Menlo Park Academy



16,320 persons utilized **Community Access**‡ to our facilities.



# You make all this possible with your gifts: \$500

- Sends a low-income child to Camp Bovey for 5 days
- Supplies One Ton of Food to our 35 Senior & Mobile Food Shelves

## \$400

- Provides tutoring at our Alternative High School for an entire school year
- Sends a Senior Adult to the Friendship Center Day Program for 5 days of programmed activities

## \$250

- One person can attend an Employment Skill Training Class to learn new skills
- One person gains the skills to Stop Abusive/Violent Behavior

#### \$100

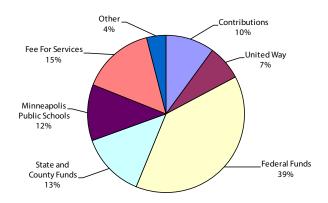
- Supplies 400 pounds of Food to our 37 Senior & Mobile Food Shelves
- Helps a low-wage working parent pay for daycare

#### \$50

- Provides 8 senior adults with Transportation to Medical Appointments
- Buys 10 kids healthy snacks for a month of After School Programs

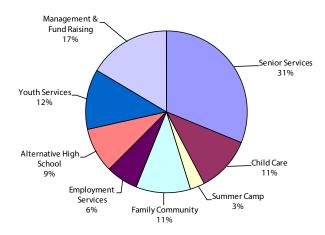


## 2013 Revenue Sources - \$6,066,729

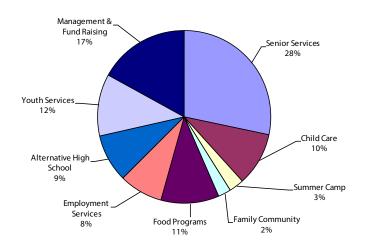


## 2013 Program Expenses - \$6,043,214\*

\*includes Depreciation



## 2014 Agency Budget - \$6,196,516



Our Core Programs	5,795
Gender	
Female	51%
Male	44%
Unknown	5%
Age	
0-6	1.5%
6-9	3%
10-14	6%
15-17	5%
18-22	3%
23-54	22%
55-64	30%
65-74	14%
75-84	8%
85+ Age Unknown	4% 3.5%
Ethnicity/Race	
African	9.5%
African American	20.2%
Native Indian	2.2%
Asian	2.3%
White	23.7%
Latino	3.0%
Multiracial	3.2%
Other	0.2%
Unknown/No Data	35.7%
Poverty Level	
< 100 % poverty	34%
125% poverty	4%
100-200% poverty	49%
> 200% poverty	7%
unknown	6%
† Hosted Community Se	rvices 479

+ Community Access to	racilities
Hispanic, Latino, Chicano	46%
African	44%
Other	10%
Total	16,320

**Total Persons Served 26,908** 

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