

November 2016

Coffee



Daily Schedule:
 9:30 Coffee & Welcome
 10:30 Group Activity

12:00 Lunch
 1:00 Afternoon Program
 2:00 Snack

Friendship Center 612-781-2052

Monday	Tuesday	Wednesday	Thursday	Friday
31 10:30 Monthly Meeting 11:15 Exercise w/ Dot 1:00 BINGO	1 10:30 Shuffle Board 11:15 Ring Toss 1:00 Gardening or Board Games	2 10:30 Penny Ante 11:15 Exercise Balls 1:00 Glass Art	3 10:30 Jeopardy 11:15 Favorite Exercise 1:00 Ladderball	4 10:30 Leaf Wreaths 11:15 Horseshoes 1:00 Travel to China
7 10:30 Dollar Store or Bake Cookies 11:15 Thera Bands 1:00 Baseball	8 10:30 President Trivia 11:15 Balance Exercise 1:00 Bingo	9 10:30 Attitude of Gratitude 11:15 Exercise with Ed 1:00 Turkey Art	10 10:30 Outburst 11:15 Ring Toss 1:00 Card Games	11 10:30 Raptor Center 1:00 Birthday Board
14 10:30 Dice Game 11:15 Toss and Sing 1:00 Friendship Shirts	15 10:30 Tounge Twistes 11:15 Horse Shoes 1:00 Friendship Shirts	16 10:30 Board Games 11:15 Ring Toss 1:00 Joe Macko On the Accordion	17 10:30 Invention Game 11:15 Thera Bands 1:00 Thanksgiving Center pieces	18 10:30 Wheel of Fortune 11:15 Sing and Toss 1:00 Bowling
21 10:30 Songs of Thanksgiving 11:15 Balance Exercise 1:00 Spa Day	22 10:30 Baking Pies 11:15 Exercise with Ed 1:00 Jeopardy	23 10:30 Thanksgiving Traditions 11:15 Favorite Exercise 1:00 Turkey Bingo	24 CLOSED HAPPY THANKSGIVING	25 CLOSED HAPPY THANKSGIVING
28 10:30 Monthly Meeting 11:15 Horse Shoes 1:00 Wheel of Fortune	29 10:30 Monthly Meeting 11:15 Favorite Exercise 1:00 Festival of Light	30 10:30 Bowling 11:15 Balance Exercise 1:00 Monthly Meeting		